

Kaleidoscope

A proud member of the General Federation of Women's Clubs

September 2016

President's Message

Katherine Van Dell

Passion

We have a **PASSION**
for what we do

Dedication

We are **DEDICATED**
to our community
and its citizens

Respect

We **RESPECT** the diversity
of our membership and
and communit



It is hard to believe how fast summer has flown by. September is here and our 2016-2017 year begins. I am honored and humbled to serve as your president and look forward to working with each of you, as you are an amazing group of women. Whenever you have questions and/or concerns never hesitate to come to me. Together we can and will handle any problem. I also will look to you for counsel and guidance when needed. My vision for the year is to see us grow, to see respect shown by each of us for the responsibilities each have undertaken, to participate fully in our organization's goals and works, and to promote our organization within the community and state. The important work of the GFWC WCLC cannot be accomplished without you, the members making it happen.

You can feel fall in the air; children are back to school; leaves are changing; harvesting and canning is taking place in our kitchens; and Christmas House workshops are in full swing. It is also an exciting time as committee work and monthly membership meetings are beginning. When you sign up for a committee or committees please make sure you are able to attend and support the committee chair(s). Some committees meet often, some just a couple of times during the year. The committee chairs will appreciate your support.

September's membership meeting promises to be a fun event. A Job Fair will be held which will give you an opportunity to explore the club committees and their area of responsibility. This will be a great time to sign up for a committee or committees. During dinner, you will be entertained by Encore Dancers from Act Two Studio performing a tribute to 9/11 (Patriot Day is Sunday, 9/11). Attendees will also receive a tour of the Atlas showing how the grant funds received from us was utilized. Also during the meeting, the proposed 2016-2017 budget will be presented.

Christmas House workshops are in full swing with creative, busy hands producing fabulous items to sell the weekend of December 2-3. The house is large, beautiful, and able to accommodate all the wonderful kitchen and homemade items we produce. I encourage each of you to participate in some way. For new members, attending workshops is a wonderful way to get to know the members.

Numerous of your members are headed to Salt Lake City, UT, September 14 and 15 to attend the GFWC Western States Region Conference. Information from this conference will be shared in October's edition of the Kaleidoscope.

"Service to others is the rent for your room here on earth." Muhammad Ali

Congratulations GFWC Wyoming Women's Civic League of Cheyenne 2016 Annual Convention Awards

Congratulations to Women's Civic League of Cheyenne on the awards received at the 2016 Annual Convention in Baltimore, Maryland in June. GFWC Wyoming is in Category V, Western States Region. The following are the awards received by GFWC WCLC:

- International Outreach Program Awards
- Public Issues, Honorable Mention Program Awards
- Advancement Areas/Contests – Website
- The Charlotte Emerson Brown Award – Ann Norwood

The hard work by Phyllis Salzburgh on the Chris Herron project submission awarded GFWC WCLC \$50. Thank you, Phyllis

GFWC Women's Civic League of Cheyenne

Katherine Van Dell, President
Trish Peoples, First Vice-President
Patti Reese, Second Vice-President
Earleen Weaver, Recording Secretary
Barb Kuzma, Corresponding Secretary
Teresa Kunkel, Treasurer



Kaleidoscope

Published Monthly
September thru May
Linda Stowers, Editor
Lpstowers54@gmail.com



Corresponding Secretary

Barb Kuzma

Cards sent to WCLC members during the months of June, July and August:

Sandy Pedersen	Thinking of You	Daughter had a heart attack
June Wood	Sympathy	Mother died

Second Vice-President

Patti Reese

Celebrate Our Women and Our Community

General Membership Meeting

September 14, 2016

Atlas Hotel – 213 W. 16th St.

5:30 – 6:15 Social Time 6:15 Dinner

Tour of the balcony – Job Fair – Beer & Wine Bar

Piano Music – Encore Dancers



Member Yearbook

Trish Peoples

Ladies, the Yearbooks are ready! I will bring them to the September and October General Membership Meetings. If you don't plan to attend these meetings, please have a friend pick up your yearbook. If you want your yearbook mailed to you it will cost \$4. Please contact me at tlapples@yahoo.com or 637-0131.

Yearbook Updates

Yearbook Section	Name & Page #	Updates
Active Members	Heather Cooper page 55	jhtrcooper@yahoo.com
	Margaret Kinney page 58	kinneymal@gmail.com
	Lindi Kirkbride	3205 Rd 139; Meriden, 82081; 246-3205; (c) 630-1601
	Judy Dray	5057 N. Hollow Lane, Boise, ID 83702; (208)424-0705
Associate Members	Ruth Storey page 82	1530 Dorothy Lane #A ruthzstorey@gmail.com

WOMEN'S CIVIC LEAGUE WINS STATE CIP AWARD

GFWC Women's Civic League of Cheyenne won first place in Wyoming in the 2014 – 2016 Community Improvement Program contest for our Dangerous Games: Prescription Drugs – the Chris Herren Project held in September 2015. Our first place entry was submitted to GFWC for consideration in the national contest.

Since the 1980's, GFWC Women's Civic League has been addressing the problem of substance abuse in our community. In 2011 club members were invited to join the RX Abuse Stakeholders (RAS), a group of cross-disciplinary professionals organized by the Office of the U.S. Attorney for the District of Wyoming, to address the serious problem of prescription drug abuse. The club sponsored a resolution in 2012, promoting education on the problem and safe disposal of prescription drugs which was adopted by GFWC-Wyoming and then GFWC International at the 2014 international convention in Chandler, Arizona.

Past club president Antoinette Brown, a leader in the RAS group, and members of the Substance Abuse Awareness Committee, worked together with other RAS members and community organizations and provided funding to bring Chris Herren to Cheyenne and Laramie for free presentations. Speaking on his battle with drug addiction, how he lost an aspiring professional basketball career and almost his life brought a powerful message to the audiences. Herren, a former highly recruited college and NBA basketball star, has refocused his life and put his sobriety and recovery above all else. He travels the country speaking to professional athletes, at schools and to communities, hoping to reach at least one person each time and make a difference in their lives.

Although we did not win at the national level, the club project was recognized in the Public Issues Community Service Program at the 2016 International Convention. The \$50 first place award received from GFWC will be used to further GFWC Women's Civic League's work combating the problem of substance abuse in our community.

BENEFITS OF BELONGING – TO GFWC



GFWC has joined up with a number of companies who are providing discounts to our members! These include: VPI Pet Insurance, Avis and Budget car rentals, Collette Guided Tours, Cruises Only, Motel 6, Orlando Vacations, Red Roof Inn, Wyndham, American Hearing Benefits, TNT Vacations (Funjet), and Office Depot/Office Max.

Go to GFWC.org, Membership Services, Member Discounts for all the details! And while you're there, check out the other membership benefits under Membership Services including the new 2016 – 2018 GFWC Club Manual!

Christmas House Notes

The Christmas House Chairs would like to acknowledge the following donors who have helped underwrite Christmas House Expenses. If you see any of the wonderful people or frequent any of their businesses please thank them. We are, frankly, overwhelmed with their generosity. Thank you also to Barb Kuzma for her outstanding efforts.

Shrader Funeral Home	Halladay Motors
Inman Roofing	DDRH,PC – Greg Dykeman
Spradley Barr Motors	Mary Miller, Kia Motors
Kuzma Success Realty	Tyrell Chevrolet
ANB Bank	McGee, Hearne, Paiz, LLP
Jeff and Lynne Carlton	Zachary Imagez
Cheyenne Skin Clinic	Our Savior Lutheran Church
Total Vein Care	

Christmas House Tickets

Actives and Associates please take note. If you are unable to attend the next two meetings, please have a friend pick up your Christmas House tickets for you. Please make your check out to Christmas House. Actives pay \$30 and Associates pay \$15. If you have any questions or need more tickets, please let me know. Thanks.

Pat Stenback. 638-8268

AFTERNOON GOURMET

The organizational meeting and no-host luncheon will be held *Wednesday, September 28, 11:30 a.m.*, at a location to be announced. We will be drawing names for groups so if you would like to participate let Phyllis Salzburg know as soon as possible (421-1516, or psalzburg@bresnan.net) so you can be included in the draw. This is a just for fun group, all club members can participate and you don't need to be "gourmet" to enjoy the fun!

Save The Date: Daytime Bunco

All WCL ladies are invited to join our daytime Bunco group. Our first meeting will be on Monday September 26th at the home of Vickie Smith 6717 Redwood Court. Play begins at 12:30 and the cost to play is \$5.00. Bunco is a fun dice game and no skill is required. We play 3 games and are done in time for those needing to pick up children from school. You do need to RSVP if you can join us so that we have a spot for you at the table. New members are always welcome to join us. Please RSVP to Vickie Smith at 635-5658 or email me at jvsmith611@msn.com or Carol Fagan at 634- 4753 or email at carol_fagan@msn.com by Sunday September 25th. We look forward to seeing you then.

Thanks Vickie Smith, Carol Fagan and Barb Clark

ESO BOOK CLUB

BOOKS FOR THE YEAR 2016-2017

We will meet at Barnes & Noble on the dates listed below at 9:15 am.

September 19-The Magic Strings of Frankie Presto by Mitch Album

October 17-Thr Liars Club by Mary Karr

November 21-Christmas Bells by Jennifer Chiaverini

January 23-The Wright Brothers by David McCullough

February 27-Tortilla Flat by John Steinbeck

March 20-All the Light We Cannot See by Anthony Doerr

April 17-Girl Waits with gun by Amy Stewart

May 15-Mrs.. Lincoln's Dressmaker by Jennifer Chiaverini

Art Committee

Please stop by to pick up your paintbrush for membership on this committee. There are only TEN paintbrushes. So, don't delay. Stop by the job fair area to get yours. You may wonder why you should be a paintbrush member. Well, the Art Committee will try to bring art into the lives of the committee members, into the lives of the general membership and into the lives of the community at large. As a paintbrush carrying committee member you will have first chance to attend the studio visits of local artists. Attendance will be limited to ten as most studios are small. Attendance at Art Walks will be organized and an out of town trip to Denver Art Museum will be planned. A visit to Graphito's plus lessons on zentangles and coloring for calmness will be considered. An organizational meeting and first studio visit will be on a tag on your paintbrush. We look forward to putting a little color into your life.

WCLC Logo

WCLC is looking to develop a logo to represent our club in the community. We are asking all members and family members of members to consider submitting a design appropriate for our use.

We do want to incorporate the full name of GFWC Women's Civic League of Cheyenne in the logo. We would encourage all interested to check out the GFWC International Website, the GFWC Wyoming website and the GFWC Women's Civic League of Cheyenne website for ideas for your design.

We ask that all designs be submitted to Wendy Owen, WCLC membership chairman by September 28th if possible.

Call Wendy at 307 631-5547 or email her at sewbusy3@gmail.com for additional information.

We are looking for a simple but appropriate design that we can use for branding GFWC-WCLC today and in the future. Thanks so much, Wendy Owen

BOARD MEMBERS AT WORK



Meet Your New Board of Directors

Meet your new Board of Directors and Committees. Although this information may be found in our member yearbook for 2016-17, not everyone has received their yearbook, and, of course, everyone wants to know who's who for the coming club year.

President	Katherine Van Dell
First Vice-President	Trish Peoples
Second Vice-President	Patti Reese
Recording Secretary	Earleen Weaver
Corresponding Secretary	Barb Kuzma
Treasurer	Teresa Kunkel
Board Advisor, Past President	Pat Steinback

GFWC Community Service Programs

Committee	Chair(s)	Description
Arts Community Service Program	Sue Ann Shaffer, Chair Marilyn Palmer, Co-Chair March Helser, Co-Chair	Promotes and supports community aspects of creative arts such as crafts, music, literature, drama, dance, and other visual and performing arts.
Conservation Community Service Program	Roberta Bolton, Chair Beth Burgess, Co-Chair	Promotes appreciation for our environment and educates members through preservation, maintenance, and restoration of our natural resources, including projects such as recycling, street clean-up, and historic preservation.
Education Community Service Program	March Helser, Chair Margaret Kinney, Co-Chair Sue Ann Shaffer, Chair	Promotes education through scholarships for Laramie County residents. Programs may include the following: supporting local libraries, promoting literacy, mentoring young people, and encouraging lifelong learning.
Home Life Community Service Program	Pat Stenback, Chair Shelley Herr, Co-Chair	Program committees work on issues that affect the wellbeing of individuals, families and communities by providing opportunities and resources to meet and address needs through volunteering. The following subcommittees are under the Home Life Program: Senior Services, Special Needs, Women's Issues, Youth and Family Services.
Special Needs Subcommittee	Karyn Knutson, Chair Lucy Russell, Co-Chair	Enriches the lives of community members with mental, physical, developmental, and brain injury disabilities.
Women's Issues Subcommittee	Pam Hendricks, Chair Susan McHenry, Co-Chair	Examines issues of interest to women in the community. Promotes women's good health.
Youth and Family Services Subcommittee	Trish Palluck, Chair Linda Stowers, Co-Chair	Supports programs that promote literacy, citizenship, and the development and maintenance of healthy lifestyles.

International Outreach Community Service Program

Cathy McMikle, Chair Judi Loomis, Co-Chair	Encourages members to become better world citizens through advocacy education, and action to make a positive global impact. These programs may assist in raising cultural awareness.
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Public Issues Community Service Program

Legislative Subcommittee	
Mary Guthrie, Chair	Advises the membership concerning activities of governmental entities which may be of interest.
Military Outreach Subcommittee	
Flo Beville, Co-Chair Mary Lee Dixon, Co-Chair	Raises awareness of the military presence in the community and endeavors to assist them in areas of need.
Substance Abuse Awareness Subcommittee	
Linda Demartine, Chair	Provides drug and alcohol prevention education to the community.

Project Committees

Community Grant Committee	Nancy Kaufman, Chair Karen Kent, Co-Chair	Supports all aspects of community development and involvement and the improvement of community residents' quality of life.
Christmas House	Karen Kent, Co-Chair Nancy Kaufman, Co-Chair Tandie Opsal, Co-Chair	Christmas House has been Women's Civic League's Ways and Means project since 1969.

Standing Committees

Budget/Financial Review	Gayla Brown	Budget Chair works with the Budget Committee to prepare a proposed annual budge.
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Publicity/Communications

Public Relations	Phyllis Salzburg, Chair
Facebook	Heather Dodson
Website and Listservs	Margaret Cox
Newsletter	Linda Stowers
Yearbook	Trish Peoples

Membership	
Wendy Owen, Chair Kim Benson, Co-Chair	The Membership Chair keeps the membership files and performs all duties pertaining to membership.

Parliamentary Advisor	
Sherri Geringer	Chairs the Bylaws Committee and Standing Rules Committee and advises the club on matters of Parliamentary procedure.

Special Committees		
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Can Man	Chris Shay	The Can Man collects and delivers Peanut Butter and Jelly for Needs, Inc. WCLC is a major donor.
GFWC Liaison	Mary Lee Dixon President-Elect GFWC-Wyoming	The Liaison keeps the membership informed about State and International GFWC business.
Habitat for Humanity	Sue Tardif, Co-Chair Carmalee Rose, Co-Chair	Habitat builds homes for low income families. Members of WCLC help out with one of these homes each year.
Historian	Joyce Bailey	The Historian collects and catalogs WCLC documents and archives same.
Juniorettes of Civic League Liaison	Antoninette Brown	Juniorettes of Civic League is a GFWC Juniorette club for Cheyenne area girls ages 12-18. The community service club was chartered in 2003 and sponsored by Women's Civic League
Literacy/ESO	Lucy Russell, Co-Chair Heather Dodson, Co-Chair	
Nominating Committee	Pat Stenback, Chair	
Social Committee	Phyllis Salzburg, Chair	
X-JWC Liaison	Trish Peoples	

Activity and Social Groups	
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Afternoon "Just for Fun" Bridge	Kay Jessen, Chair
Afternoon Bunko	Vickie Smith and Carol Fagan
Afternoon Gourmet	Phyllis Salzburg

Book Club/ESO	Lucy Russel and Heather Dobson
Evening Bunko	Kathy Lind and Pam Crochet
Evening Dinner Club	Patty Benskin
Ladies' Marathon Bridge	Helen Orr and Jean Rayl
Stitching Gals	Dorrie Jones

Recipes from your President

Zucchini Bars with Caramel Icing

Ingredients for Bars:

- 1 $\frac{3}{4}$ cups flour
- 1 $\frac{1}{2}$ tsp baking powder
- $\frac{3}{4}$ cup butter, softened
- $\frac{1}{2}$ cup sugar
- $\frac{1}{2}$ cup brown sugar
- 2 cups shredded zucchini
- 1 cup coconut
- $\frac{3}{4}$ cup chopped nuts
- 2 eggs
- 1 tsp vanilla

Ingredients for Icing:

- 3 TB Butter
- 4 TB milk
- $\frac{1}{2}$ cup brown sugar
- 1 cup powdered sugar
- 1 tsp vanilla

Directions for Bars:

Sift together flour and baking powder. In a large bowl beat butter and sugars until fluffy. Add eggs and vanilla. Stir in dry mix, zucchini, nuts, and coconut. Spread into a greased 9x13 pan. Bake at 350 degrees for 30 minutes.

Directions for Icing:

Bring butter, milk, and brown sugar to a boil. Remove from heat and beat in powdered sugar and vanilla. Spread on warm bars.

Zucchini Bread

Ingredients:

- | | |
|--------------------------|--------------------------|
| 3 cups all-purpose flour | 1 tsp salt |
| 1 tsp baking soda | 1 tsp baking powder |
| 3 tsp cinnamon | 3 eggs |
| 1 cup vegetable oil | 3 tsp vanilla |
| 2 ¼ cups white sugar | 2 cups shredded zucchini |
| 1 cup chopped walnuts | |

Directions:

1. Grease and flour two 8x4 inch pans. Preheat oven to 325 degrees.
2. Sift flour, salt, baking powder, soda, and cinnamon together in a bowl.
3. Beat eggs, oil, vanilla, sugar together in a large bowl. Add sifted ingredients to the creamed mixture, and beat well. Stir in zucchini and nuts until well combined. Pour batter into prepared pans.
4. Bake for 40 to 60 minutes, or until tester inserted in the center comes out clean. Cool in pan on rack for 20 minutes. Remove bread and completely cool.

Making and Handling Motions Following Robert's Rules

Excerpt from: Robert's Rules for Dummies—Cheat Sheet

In an organization that's following Robert's Rules, when that light bulb goes off in your head and you have a great idea, you make a motion to get your idea discussed and a decision made. Here are the eight steps required from start to finish to make a motion and get the decision of the assembly.

<i>Step</i>	<i>What to say</i>
1. The member rises and addresses the chair.	“Madam President
2. The chair recognizes the member.	“The chair recognizes Ms. Gliggenschlapp.”
3. The member makes a motion.	“I move to purchase a copy of <i>Robert's Rules for Dummies</i> .” Not: “I make a motion...”
4. Another member seconds the motion.	“Second.”
5. The chair states the motion.	“It is moved and seconded to purchase a copy of Robert's <i>Rules for Dummies</i> . Are you ready for the question?”
6. The members debate the motion.	“The chair recognizes Ms. Gliggenschlapp to speak to her motion.”
7. The chair puts the question, and the members vote.	“Those in favor of adopting the motion to buy a copy of <i>Robert's Rules for Dummies</i> , say ‘Aye.’ [pause] Those opposed, say ‘No.’”
8. The chair announces the result of the vote.	“The ayes have it, and the motion carries. A copy of <i>Robert's Rules for Dummies</i> will be purchased.”

Note: not all motions pass this smoothly. For additional information on making motions, visit this website:
<http://www.robertsrules.org>



My definition of an intellectual is someone who can listen to the William Tell Overture without thinking of the Lone Ranger.
William "Billy" Connolly

Anyone who says he can see through women is missing a lot.
Groucho Marx

Housework can't kill you, but why take a chance?
Phyllis Diller

Club Websites!

GFWC: www.GFWC.org
GFWC-Wyoming: <http://www.gfwcwyoming.org>
GFWC Women's Civic League of Cheyenne: <http://www.womenscivicleaguecheyenne.org>
Christmas House Facebook page: GFWC Women's Civic League of Cheyenne

Group e-Mails

GFWC Women's Civic League of Cheyenne: wclcmembers@googlegroups.com
WCLC social group (non-club topics): wclcsocial@googlegroups.com
WCLC Board of Directors: wclcboard@googlegroups.com