

GFWC-W January 2016 News Blast

Love, Live, Laugh and Leave a Legacy



From the President—Ann Norwood

Dear Friends of GFWC-Wyoming,

Happy New Year to each and every one of you. It continues to be a busy and exciting time of the year with much work yet to be done, as well as fun to be had by all!

Let's begin by tending to a bit of GFWC-W business. The January GFWC-W Board Meeting will be held this Friday, January 15th at the Westgate Clubhouse with an agenda and specific information to be sent to all board members by Wednesday. Please plan to attend. If you cannot attend, please plan to send me a brief, written report.

The Convention Co-Chairmen and I will be meeting with the Rock Springs club members on Saturday, January 16th and we are excited to be working on the upcoming state convention. Mark your calendars to attend the GFWC-W Convention in Rock Springs to be held April 22nd and 23rd! Marian St. Clair, GFWC Second-Vice President will be our international guest and presenter. It will be a great convention and a myriad of details are forthcoming. Be sure to check the February Issue of the GFWC-W Clubwoman, our Call to Convention Issue.

Club President Statistical and Narrative Reports are due by February 1st I am excited to read your reports and learn the detail of your many activities and projects. I am so very proud of all of our clubs!

Please tend to the following business: Membership Statistical Reports are to be submitted to the State Membership Chairman, Wendy Owen (please send them directly to Wendy) postmarked no later than Feb. 1st. (Number of members as of January 1, 2014, give net change.) ESO reports are due to the ESO Chairman, Barbara Clark postmarked no later than February 1st. Please send these directly to Barb. Know that the calendar and directory on the gfwcwyoming.org website contains all updated, needed dates, information and contact information.

Be thinking of club members who would be wonderful LEADS candidates. We have outstanding leadership in all of our clubs and this is an excellent opportunity for future leaders.

We are excited to announce that we have two new Co-Chairmen for the WCLC Juniorettes! We are holding an organizational meeting with parents and members on Sunday, January 17th at the Westgate Community House in Cheyenne. If you know of any young women (ages 10-18) interested in joining, please contact me and/or attend the meeting. This has been an outstanding group of young volunteers.

We are also organizing a social event for development of a new club in Cheyenne to be held the month of January. Details will be forthcoming. If you know of a young woman in Cheyenne or the surrounding areas who would be interested in joining, please send me their contact information.

January is National Cervical Cancer Awareness Month. This would be a great month to educate members regarding this type of cancer or perhaps have a related service project.

January is National Human Trafficking Awareness Month. Research shows there are 20-30 million victims worldwide. There are some great resources to check out about this matter in the GFWC January 9th, News and Notes.

Shot@Life is accepting applications for the Champion Summit in Washington, D.C. from February 29th to March 2nd, 2017. Be sure to apply by January 15th. Check out the information in the January 9th, News and Notes.

The GFWC Annual Convention will be held in Baltimore, Maryland on June 25th through June 30th. Registration opens March 1st. You can register on the gfwc.org website. GFWC has blocked rooms at the Baltimore Marriott Waterfront which opens March 1st. See the information in the January 9th, News and Notes and plan to attend.

Ann Adragna Norwood

GFWC-W President

State Dean of Chairman—Leslie Jo Gatti

Club Presidents, your annual reports are due to the State President and Dean of Chairmen, postmarked no later than February 1. Please, keep in mind that anything sent to Rock Springs is first sent to Salt Lake City which adds as much as 2 days (or more in bad weather). All necessary forms can be found at the GFWC website, GFWC.org. Click on "Members" on the top tabs. Then select 2014-2016 GFWC Club Manual. Select the third category: Statistical & Award Entry Forms. Clicking on that will bring up 7 pages. The first page includes instructions. The following 6 pages are what you will need for your reports. If you have any questions, please feel free to contact me or any past club president. Information on each category is given in the Club Manual. The forms on the GFWC website are “fillable”, meaning you may fill them in on the computer. Good luck to all.

Yours in Federation,
Leslie Jo Gatti
Dean of Chairmen
President-Elect
GFWC-Wyoming

[\(307\)382-2096](tel:3073822096) [PC LJGatti@hotmail.com](mailto:LJGatti@hotmail.com)

Arts Community Service Program Chairman—Lorrie Jacobsen

GFWC-W Club Art Chairs: Now is the time to get your club members really excited about participating in the different contests. I want to encourage you to reach out to your members AND to youth in your school systems. We have so many talented members and we want to recognize them at the State Convention in Rock Springs in April. Ask your President to be on the agenda at each meeting to remind them of the different contests. Equally important is recognizing the talented children in our communities. Remember to contact your local Art Teachers to give them deadlines for submitting youth art work which also includes Exceptional Youth. Check with organizations where Exceptional Adult art work can also be obtained for the Convention. If you have any questions, please don't hesitate to call me at [307-742-9243](tel:3077429243) or email me at foxsil23@yahoo.com.

Happy New Year! Lorrie Jacobsen

Conservation Community Service Program Chairman—Elsie Gray

Plan now to save water in your landscape

Summer seem to be getting hotter in many part so our country and although rain and water cycles fluctuate, we have all the water on our planet that we will ever get. It is essential we conserve what we have, and this winter is a good time to plan changes in your landscape that might help.

SPACE DESIGN: Convert lawn to mulched areas, decks, patios, or other uses as long as surfaces continue to allow water to permeate into the soil.

VEGETATION SELECTION: Select trees, shrubs, ground cover, and flowering plants that are drought resistant.

MAINTENANCE METHODS: Use mulch, work your soil to keep it absorptive and aerated, and consider using drip or other water-saving irrigation.

Education Community Service Program Chairman—Pat Stenback

I want to thank the XJWC ladies for participating in collecting books for children. They amassed over 240 books which they gave to Head Start. I was invited to go with them and it was one of the “neatest” things I have done. The children were adorable and the staff is wonderful. We were given a tour of their facility. I have a deep appreciate for these dedicated teachers who strive to make a better world for these children.

GFWC Women’s Civic League of Cheyenne collected 179 children’s books and these went to Denise Kittelson who is the liaison for students’ without homes. She also gave the books to schools where teachers know students have no books in the homes.

I hope that other clubs were able to do the same. If you haven’t, then please start now. It is never too late for a child to have a book.

Happy New Year to all

International Outreach Community Service Program Chairman—Trish Peoples



“WYOBELLE”



“SMILEYBELLE”

Smiley Belle wants to remind you that Operation Smile is in need of the following items to include in a patient's Smile Bag: Small shampoo (.85 to 1.4 oz size, screw-on top only), small comb, new wash cloth, bar of soap (small hotel size), travel-sized toothpaste (at least 6 months from expiration), child-size toothbrush, small stuffed animal (Beanie Baby size), 8-pack of non-toxic crayons, thin 8.5” x 11” coloring book, and small square mirror (3” by 3”).

I will take any of these items at the GFWC-Wyoming meeting on the 15th!

Trish Peoples

tlapples@yahoo.com

Public Issues Community Service Program Co-Chairman—Teresa Kunkel and Earleen Weaver

The Substance Abuse Awareness committee met on December 7 to plan a project for National Drug and Alcohol Facts Week, the week of January 25th through January 31st. We are targeting the Charter Schools, Poder Academy, Noah Webster and St. Mary's as well as the schools in School District #2, Albin, Burns, Carpenter and Pine Bluffs. Our focus is students 4th through 6th grades, with the exception of St. Mary's, they go through 8th grade. The Principal at Poder Academy declined the cookies but said if we would supply them with the information they would distribute it in one of their weekly assembly's. Antoinette Brown made up a fact sheet for us to use for this project. We plan to order cookies from Eileen's Cookies and have the facts printed on bright florescent paper. We will be assembling the cookies individually, along with a Drug/Alcohol fact, at a meeting set for January 25th, 9:00 am at Kuzma Success Realty. If anyone is

interested in helping with this project please come to the meeting. After we have the cookies together we will be delivering them to the different schools.

Happy New Year 2016! As the New Year begins let us pray that it will be a year with new peace, new happiness and abundance of new friends. God Bless you throughout the New Year!

Fundraising Co-Chairmen—Flo Beville and Tandie Opsal

On behalf of Tandie and myself, we hope all of you had a very Merry Christmas and Happy New Year. We are now entering our “spring” term and look forward to the many activities we have yet to accomplish.

By now, I hope that you have had a chance to plan one additional fundraiser for the springtime. I had presented this to the attendees at the Fall 2015 Workshop, and also requested that each District Liaison contact each club to work on this project. We ask that each club conduct the fundraiser, and split the proceeds with GFWC Wyoming State coffers. Please contact your District Liaison on this project with any questions. Also, always feel free to contact me directly.

As your plans develop, please send me a report. Then I can include in the Annual Report that I comprise for the Fundraising Committee.

Fundraising for the Annual Conference in April will include a quilt raffle, a 50/50 drawing, silent auction, and a cookie bake off. Tandie will be sending out more information on the bake off in the future.

I look forward to seeing you all in the future. I hope that our wrap up this spring can continue to be successful with our fundraising efforts.

Flo

Leadership Chairman—Beverly Campbell

I am sharing two quotes I came across that I liked and believe to be true.

I suppose leadership at one time meant muscles; but today it means getting along with people. [Mahatma Gandhi](#)

Enlightened leadership is spiritual if we understand spirituality not as some kind of religious dogma or ideology but as the domain of awareness where we experience values like

truth, goodness, beauty, love and compassion, and also intuition, creativity, insight and focused attention. [Deepak Chopra](#)

Submitted by Bev Campbell, Leadership Chair

Legislation and Public Policy Chairman/Resolutions Chairman—Kathleen Petersen

The budget session of the Legislature opens on February 8th in their temporary location, the Jonah Business Center, 3001 E. Pershing Blvd, room 120. If you would like to participate in the session, there are several ways to do it. You can start by going to the website address:

<http://legisweb.state.wy.us/LSOWEB/Participate.aspx>. It lists various ways to get involved. This is a budget session so in order for a bill to be introduced outside the budget, there has to be a 2/3 majority vote, so the number of bills introduced will be fewer than the number introduced in a general session.

On the above listed site you can also link to:

If you Would Like to Attend a Committee Meeting

If you Want to Give a Handout to the Committee

If you Would Like to Address the Committee

Just go to the legisweb.state.wy.us site and you can explore all kinds of things happening at the Legislature this year. As stated, this is a budget year so the majority of the talk will be about how to spend the funds the state has at its disposal.

If you have any questions or comments, please let me know at 307-421-4496 or Kathleen_petersen@hotmail.com

Domestic Violence Chairman—Patti Reese

January is Stalking Awareness Month

Check this out:

- ✓ A report from the Center for Disease



- Control shows 7.5 million adults are stalked in the United States in one year.
- ✓ About 1 in 5 female victims and 1 in 14 male victims experienced stalking between the ages of 11 and 17.
 - ✓ 2/3 of stalkers pursue their victims at least once per week, many daily, using more the one method.
 - ✓ 46% of stalking victims fear not knowing what will happen next.
 - ✓ Stalking is a crime under the laws of 50 states. Less than 1/3 of states classify stalking as a felony upon first offense.

Want more information? Go to this web site.

<http://stalkingawarenessmonth.org/awareness>. This web site is an excellent source of information on educating yourself as well as educating your community about stalking. Using this site, you will be able to: view stalking videos, print posters, upload stalking banner, and send out PSA's and news releases, and many more suggestions.

Take the time to learn more about stalking. Let's work to stop it.

News from our clubs

Yoder Women's Club

Yoder Woman's Club would like to remind the members that every 5 years you need to reregister your phone numbers, also your cell phones. WITH DO NOT CALL.

The Do Not Call numbers has to be from the phone you are registering The phone number is [1-888-382-1222](tel:1-888-382-1222) or you can go on line at Do not call and register all phones at one time.

Women's Club of Rock Springs

The Woman's Club of Rock Springs has begun its 2016 year after taking a few weeks off in December. Christmas tree decorations at both libraries have been removed. The board has begun tackling the task of applying to GFWC to be included under the National Headquarters' 501(c)(3) umbrella. The Club has also started selling Community Days booklets to be used at Herbergers, a local department store. This is a relatively easy moneymaker. Four scholarships for the spring semester have been awarded to students attending Western Wyoming Community College. Final figures are in from December's Holiday House (our

major fundraiser). It was one of our most successful years ever! We ask for prayers for some of our members who are struggling with major health concerns. It has already been a cold, rough winter with super cold temperatures and an overabundance of snow. We are looking forward to seeing all of our Wyoming Club Sisters at the GFWC-Wyoming State convention in April.

Submitted by Leslie Jo Gatti for
Beverly Blackwell,
President, Woman's Club of Rock Springs, GFWC-Wyoming

GFWC X-JWC

Submitted by Bev Campbell, President



Busy as a bee has been the case for the X-JWC club. The members agreed that they would like more hands on work and so it all began. The first 4 months has been a whirl wind for sure. Following are some of the clever things the club came up with. Being President of this club is rewarding, a challenge to keep up with, and a new learning experience. I am thankful we still have five months to go and I look forward to all the ideas that will be brought forward and implemented by this ambitious group of women!



In September for October, the craft group made over a 200 ghosts and visited the new Boys and Girls Club. It was a great experience, both watching the children and the tour of Cheyenne's new facility.



In October, the members got together and made over a 100 turkey napkin holders and delivered them to the senior independent center, "Pointe Frontier", to dress up their Thanksgiving dinner.



In November, the members made over a 100 sleighs for giving to various non-profit organizations. The sleighs are made of Kit Kat bars and little Hersey bars. Also the members also partnered with the Chamber of

Commerce, Military Affairs, and helped with sorting items, packing boxes and preparing for mailing to the Wyoming deployed troops.



In December the club members put together 30 fruit baskets and delivered to the VA Shelter, Safehouse, Hospice, Safe Harbor and Salvation Army.



In December the members also collected 267 books for children 0-5 years of age for children enrolled in the Head Start program. The books were delivered and handed to the children. It was a rewarding experience as the children loved the books and there were happy little faces. A tour and explanation of the program was also provided.

The activities above are not all inclusive. Our Program Chairs have come up with great ideas, such as growing plants, starting new plants and providing the plants to NEEDS once they are strong enough to pass on.

To date X-JWC has held two fundraisers, Bingo and a lunch at the Texas Roadhouse. January 23, 2015 we will have our big Bunco games we hold annually. We would love to have other GFWC clubs join us. If interested call 307-634-4483.

Most important, in the past four months our club has recruited 7 new members and more are considering joining us!

“Never think what you have to offer is insignificant. There will always be someone out there who needs what you have to give.”

