

## **GFWC-W March 2016 News Blast**

*Love, Live, Laugh and Leave a Legacy*



### **From the President—Ann Norwood**

Dear GFWC-W Friends,

This is as reminder for you to register for the 111th GFWC-W State Convention to be held on Friday, April 22nd and Saturday, April 23rd in Rock Springs. The deadline for registration is April 10<sup>th</sup>. Contact Roberta Bolton. The “Call to Convention” Issue of the Wyoming Clubwoman Magazine has been sent to each club president. Be sure and ask her to share all the convention details with your members. This issue of the Wyoming Clubwoman Magazine is also NOW available on the [gfwcwyoming.org](http://gfwcwyoming.org) website. **EVERYTHING YOU NEED REGARDING THE CONVENTION IS AVAILABLE AT YOUR FINGER TIPS ON THE WEBSITE!** The theme for our convention is “GFWC-W: Embracing Our Cultural Diversity and Traveling the Globe”. It will be a convention with an international flare! We have some superb presenters in attendance inclusive of our Keynote Presenter, Marian St. Clair, GFWC 2<sup>nd</sup> Vice President, Dr. Dudley Garner, archeologist and professor at Western Wyoming Junior College, as well as Dr. Karla Leach, President of the Western Wyoming Junior College. Still other presenters are to be announced! Check out the April News Blast to learn more about our convention presenters.

Be certain to participate in one of the many state contests inclusive of Art, Hobbies, Crafts, Sewing, Writing and Photography. Be aware of the April 1<sup>st</sup> deadline! Contest information and forms are available on the [gfwcwyoming.org](http://gfwcwyoming.org) website. You are all incredibly talented ladies so please participate!

Also be sure to participate in our 2<sup>nd</sup> Annual “Bake-Off Contest”. This year we will be making international cookies and even if you can’t attend, send your wonderful baked items for the competition!

The State President Service Project for the month of March is on behalf of the Wyoming Women's Center in Lusk. We will continue to collect gift cards and funds to purchase steel-toed boots and welding helmets for ten women graduating from their Welding Program. Upon requesting some way that we could assist the ladies at the WWC, Julie Tennant-Caine, a former member of WCLC who works closely with this facility provided this wonderful suggestion. Helmets cost \$69.73 each and boot costs range from \$49.14 to \$67.36 depending on the type. When inmates are released from the WWC, they receive very little funds which they need to use to secure living arrangements including utilities, food, transportation, etc. in addition to working full time. Per Julie and the WWC, the gift of these boots and helmets would be invaluable!

Thus, throughout the state, I am requesting that gift cards from Amazon.com and/or funds be mailed directly to me at 756 Oakhurst Drive, Cheyenne, Wyoming 82001 with a deadline of March 30th at which time Julie or I will purchase the requested items and I will report the results to our membership. As always, I am grateful for your kind generosity in helping communities in our state.

Julie also extended an invitation to any of our club members who would be interested in attending the graduation of these women. Please notify me at cheyanny@gmail.com NO LATER than Sunday, March 13<sup>th</sup> by midnight as certain procedures must be followed. Send your name and birthdates. I will notify members regarding further details if we have a group of ladies interested in attending this graduation.

### Prepare for NO More Week

Show your support for ending domestic violence and sexual assault by participating in NO MORE Week from March 6-12. You can print out a poster by going to the GFWC Website/News and Notes. Print out the posters and write why you say NO MORE to sexual assault and domestic violence then share your photo with jgermanos@gfwc.org. The photos will be posted to face book throughout the week to show GFWC's commitment to saying NO MORE.

### Sign the Pledge: It's On Us to Stop Sexual Assault

During the 88th Academy Awards last Sunday, Vice President Joe Biden introduced Lady Gaga's performance of the Oscar-nominated song "Till It Happens to You," from The Hunting Ground, a documentary about sexual assault

on college campuses. Survivors of sexual assault joined Lady Gaga on stage during her powerful performance. Now that the Oscars are over, continue to show your support for ending sexual assault by signing the It's On Us Pledge. Access the GFWC website, News and Notes, March 6<sup>th</sup> edition to learn more about the initiative and to prepare for the organization's Week of Action from April 3-9.

Celebrate Women's History Month with Resources from GFWC.org!

March is Women's History Month, so why not celebrate the accomplishments of women in history at your next meeting? With International Women's Day on March 8, consider sharing the history of GFWC with other clubwomen, especially new members who just joined GFWC. GFWC.org has several resources that will help you share the impact of our federation. Note the important historical accomplishments below that you can share with members.

125 Facts for 125 Years: A collection of important milestones from GFWC's history, this document compiles a series of facts from GFWC's founding in 1890 to the celebration of 125 years in 2015. Access the GFWC Website to obtain this information in News/Notes, March 6<sup>th</sup> edition.

If you're busy planning for the 2016 GFWC Annual Convention in Baltimore, Maryland, be sure to check out GFWC.org for important information. You can access the link to register for Convention, view recommended arrival dates, book your hotel room, donate to the Crab 'N Grab Raffle, and more on the GFWC website.

### **State Dean of Chairman—Leslie Jo Gatti**

The reporting season is almost over. If your Club president has not sent me the names of those members earning anniversary scrolls (those with memberships years in multiples of ten, i.e. 10 years, 20, 30, etc.), get those to me quickly. Almost all the chairmen have sent their reports forward. Those are due to the national chairman on or before March 15 or must be postmarked no later than March 15. If you have any questions, please, call me or State President Ann Norwood.

I want to thank all the State Chairmen who have worked so hard on, not only reporting for the State, but also on your monthly news items and ideas in the News Blast.

Yours in Federation,

Leslie Jo Gatti  
Dean of Chairmen  
President-Elect  
GFWC-Wyoming

[\(307\)382-2096](tel:(307)382-2096)

[PC\\_LJGatti@hotmail.com](mailto:PC_LJGatti@hotmail.com)

### **Arts Community Service Program Chairman—Lorrie Jacobsen**

Hardworking Art Chairs: THIS IS IT!!! This is the last month to remind your members that all Contest Forms are due to me by (postmarked) April 1, (Lorrie Jacobsen, 4746 E. Skyline Dr. #41, Laramie, WY 82070. Do call me, 742-9243, for help) and just a reminder that I will not be accepting any entries unless I have an Entry Form prior to the Convention. Also, it is time to remind ART TEACHERS about your deadline to receive the entries from Youth, Exceptional Youth & Exceptional Adult art. Many thanks to you all and I hope to see many of you at the State Convention in Rock Springs!

Stay happy, Lorrie

### **Conservation Community Service Program Chairman—Elsie Gray**

The Nature Generation is using the month of April to challenge clubs to raise money for their programs and to help them reach the next generation of environmental stewards. I encourage you to support their challenge in any way you can – hold a fundraiser, pass the plate – every dollar counts!

The Nature Generation has its own Conservation Awards which will be awarded at Convention. They have state and club awards focused on club projects, as well as money raised for their programs. All information and applications can be found on the GFWC national website or on The Nature Generation website at <http://www.natgen.org/gfwc/>

The Nature Generation has started a very nice newsletter focused on their work with our clubs, and the first issue is out. Check it out on the website above.

Let's make a difference today!

## **April Conservation Projects for Your Club**

Plant a tree in a community area. Trees help take in carbon dioxide— they are like carbon sponges.

Host a green party, attend an environmental meeting, watch an environmental film—have fun and learn some new facts to share with your friends and family...education is the key to stewardship.

Host a community park clean up.

Host a fun eco-swap party...swap scarves and jewelry ...great way to reuse items.

Share our online EnviroPlay games with a local school or youth group or play it at a meeting.

## **Club Conservation Awards**

Clubs participating in fundraising and conservation projects are eligible for these awards: State Conservation, Teach Green, Read Green, and Invest Green. *Visit [www.NatGen.org/GFWC](http://www.NatGen.org/GFWC) for more information.*

## **Homelife Community Service Chairman—Phyllis Salzburg**

Easter Seals provides services to ensure that all persons with disabilities have equal opportunities to live, learn, work, and play. How you can help:

- Participate in “Celebrate Spring...Make Me Smile Day” on the first day of spring.
- Support CAMP HOPE, a fundraising initiative that provides camping opportunities for children of military families.
- Raise funds for “Cartridges for Kids Recycling,” a recycling program that pays schools and nonprofit organizations for empty laser and inkjet cartridges, used cell phones, laptops, PDAs, and iPods.

**Go Green — Recycle for Easter Seals** Visit the [CFK Easter Seals site](#) to learn more. [Contact CFK](#) to request a postage-paid UPS shipping label — Send an email to [cfk@cfktoday.com](mailto:cfk@cfktoday.com) or call 800.420.0235 and let them know you are recycling for Easter Seals!

Recycle for Easter Seals and generate funds to help support children and adults with disabilities and their families! The recycler accepts cell phones, laptops, iPods, iPads/tablets/readers and laser and inkjet cartridges.

Pack the items in a stable cardboard box. Remember, the more you pack, the less it costs, the more you raise for Easter Seals! Your goal should be for each box to weigh between 20 to 40 pounds. Here are some shipping samples to get you started:

- 20–50 phones and cartridges
- 4–16 large laser cartridges
- 25–100 inkjets
- 10–25 iPods and accessories
- 4–6 laptops
- Packing a combination of the above items together

April welcomes spring and **Autism Awareness Month**. Autism is the fastest growing developmental disability in the U.S. [Easter Seals](#) is the leading non-profit provider of services for individuals with autism, developmental disabilities, physical disabilities and other special needs. For more than 85 years, Easter Seals has been offering help and hope to children and adults living with disabilities, and to the families who love them. Through many avenues Easter Seals creates life-changing solutions so that people with disabilities can live, learn, work and play. There are a number of organizations researching to find the cause and cure for Autism Spectrum Disorders (ASD), however Easter Seals is unique as the nation's leading provider of services and support for children and adults living with ASD and their families, working internationally to provide children and adults with ASD individualized treatment plans and comprehensive services.

<http://www.easterseals.com/our-programs/autism-services/easter-seals-and-autism.html>

### **International Outreach Community Service Program Chairman—Trish Peoples**



“WYOBELLE”

UNICEF works for a world in which every child has a fair chance in life. When they say "every child," they mean it. UNICEF works in 190 countries, territories, and areas throughout the globe. I'm sure they work in places I've never even heard

of and could not find on a map. But if there is a child in need, UNICEF does their best to be there. Their services are far-reaching: child protection and social inclusion, child survival, education, emergency and humanitarian action and gender equality. Who can ask for more?

Trish Peoples

[tlapples@yahoo.com](mailto:tlapples@yahoo.com)

**Public Issues Community Service Program Co-Chairman—Teresa Kunkel and Earleen Weaver**

Laramie County Emergency Response Team (CERT)

History of CERT... The Community Emergency Response Team concept was developed and implemented by the Los Angeles Fire Department (LAFD) in 1985. The Whittier Narrows earthquake in 1987 underscored the area-wide threat of a major disaster in California. Further, it confirmed the need for training civilians to meet their immediate needs. As a result, the LAFD created the Disaster Preparedness Division with the purpose of training citizens and private and government employees.

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help. CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community.

Training is designed to cover the following –

- Disaster Preparedness
- Fire Safety
- Disaster Medical Operations - Triage & Treating Life Situations
- Disaster Medical Operations – Assessment, Treatment and Hygiene
- Light Search and Rescue
- Team Organization
- Disaster Psychology
- Terrorism and CERT

- Final Exercise

### What Will CERT Training Teach You?

1. The types of hazards most likely to affect your homes and communities.
2. The function of CERT and your roles in immediate response.
3. Take steps to prepare yourselves for a disaster.
4. Identify and reduce potential fire hazards in your homes and workplaces.
5. Work as a team to apply basic fire suppression strategies, resources, and safety measures to extinguish a burning liquid.
6. Apply techniques for opening airways, controlling bleeding and treating shock.
7. Conduct triage under simulated conditions.
8. Perform head-to-toe assessments.
9. Select and set up a treatment area.
10. Employ basic treatments for various wounds.
11. Identify planning and size-up requirements for potential search and rescue.
12. Describe the most common techniques for searching a structure.
13. Use safe techniques for debris removal and victim extrication.
14. Describe ways to protect rescuers during search and rescue.

### Target Audience

- Neighborhoods
- Businesses
- Communities of Faith
- Scouting Organizations
- School Staff/Students
- Clubs/ Organizations
- Amateur Radio Emergency Services

If you are interested in attending a training class or a CERT meeting please contact – Melody Warren 286-0576 or Jeanine West 633-4336

### **Fundraising Co-Chairmen—Flo Beville and Tandie Opsal**

It's that time again, State Convention, which also means our Second Annual State Fundraiser Bake Off! This year we have decided on cookies. Staying with the theme of the convention, we are going to travel the globe with international cookies. Now is the time to start working on perfecting those cookies and sharing their culture.

It's so easy to participate and the reward is worth it. The winner will have their local and state club dues paid up to \$75. All you have to do is complete the entry form, attach a copy of your recipe along with the \$10 entry fee, and send it to Tandie Opsal by April 15th. We would love to see you at state convention but if you can't attend, just send your cookies with someone that is going and your cookies could be the winner! You can enter as many cookie recipes as you would like along with the \$10 entry fee per recipe. The entry form can be found on the website and also attached to the newsletter.

We had such a great time last year getting to try each of the cake entries for a VERY reasonable price and we are looking forward to trying all the cookies this year. You will need to provide two dozen cookies as we are expecting everyone to want to sample your yummy cookies. Hope to see all of you at the state convention. Don't forget to check out the silent auction items while at convention. They are always awesome and many are very unique.

### **FUNDRAISING FOR GFWC-WY WELL UNDER WAY**

*Hello Everyone from Flo.* I hope this finds you planning that extra fundraiser this spring for the State coffers.

Women's Civic League of Cheyenne had a lot of fun at their February meeting. They held a Bucks for Bags event. As women came into the meeting, we weighed their purses. It was a lot of fun finding out what purses actually weighed. For each pound, a dollar was donated. We had two nice door prizes, one for the most unusual bag and one for the heaviest. Charlene Baktamarian was determined to win the heaviest. So she loaded her purse with peanut butter and jelly from our drive that day for Needs. Her purse came in at a whopping 24 pounds! We raised \$234.00.

WCLC also has a fund set up with a local grocery store, King Soopers. As members load their cards and buy groceries, WCLC is given credit and a check is sent to our club now and then. WCLC has committed all funds from January through May to GFWC-WY. We received a nice check in January for \$255.

Therefore, to date, WCLC has raised almost \$500 for the State. Thanks to all the WCLC members for participating.

X-JWC is selling Angel Lapel pins, proceeds will go to GFWC-WY – Thankyou X-JWC.

Please be thinking of what your club can do to help GFWC-WY treasury! We hope you will be able to tell us all about it in April at the Convention.

Please don't forget the Cookie Bake Off at the Convention. I already have my cookie recipe planned, it should be delicious.



## **Leadership Chairman—Beverly Campbell**



### **Leadership**

As I was doing the State Leadership annual report a light bulb came on in my head. It appears that during the past 1 ½ years I was not successful in helping you implement activities for improving leadership skills. I do realize that leadership activities may have occurred but wasn't reflected in the reports. We only received four club reports and I was surprised by what was reported. The reports mostly described what conventions and meetings various members attended. Yes, attending those events is important so we can gain new leadership skills, knowledge and information. However, it doesn't address what steps the club took to help other members of the club to gain or improve their leadership skills. The GFWC manual encourages us to take specific action to increase leadership skills among our members. Examples of that would be: Job description for officers, surveys to determine why members choose not to be a Chairman or officer, how the club can encourage inactive members to become active, etc. Yep, it has to be planned and does cause additional work, but in the long run the club members benefit from the extra work. I do understand that the clubs have their own priorities and don't feel they have the time and support to add additional responsibilities. If we believe in our club and want to see it grow and improve, it is necessary. Last year the past President of our club did fit in surveys and job descriptions for our officers and both of those actions has truly benefited our club in many ways. I would be glad to share what was implemented and how it affected the club if you are interested. Just give me a call at 634-4483. I thank you for your timely reports and I look forward to seeing some of you at the convention.

Bev Campbell, State Leadership Chair

## **Legislature and Public Policy Chairman/Resolutions Chairman—Kathleen Petersen**

### GFWC-W REPORT FOR MARCH 2016 FROM THE STATE LEGISLATIVE AND POLICY PROGRAM CHAIRMAN

The 2016 Wyoming Legislative Budget session has come and gone. Like most people you are probably happy with some of the things the Legislators passed or didn't pass or money they committed in the budget or didn't commit or you were unhappy with some of the things they did. If you want to know how your representative voted on certain issues, you can check it out on the Legislative Website <http://legisweb.state.wy.us/2016/billreference/votes.aspx> , click on the bill you are interested in, then there will be a link called "view vote detail". Click on that and see how your representative voted on that bill. If you have questions, contact your Representative; ask them about their vote and what was behind their vote.

If you are happy with your representative, or if you are unhappy with that person, you can get involved to help that person either get reelected or you can support someone who is running against the incumbent, or you can even throw your hat in the ring and run for office! Either way, get informed, get involved and get out and vote.

Prepared by Kathleen Petersen, Program Chairman

## **Membership Chairman—Wendy Owen**

All Presidents:

Please email me your dues paid in Nov. 2014 membership count and your dues paid in Nov. 2015 count please.

Can you also, if you haven't already let me know how many members your club has brought into membership since

September 2015. Include the names and contact information if you haven't done that already.

I am looking forward to Convention 2016 in Rock Springs. Hope to see all of you there....

## **Domestic Violence Chairman—Patti Reese**



April is Child Abuse Prevention Month. To show your support, plant a pinwheel garden. Prevent Child Abuse Wyoming will once again be selling pinwheel gardens (24 pinwheels) for \$25.00 each. Anything over 100 pinwheels will be priced at \$1.00 per pinwheel. The pinwheels may be ordered through Prevent Child Abuse Wyoming's website, [www.pcawy.org](http://www.pcawy.org). This is a statewide effort that anyone can join! You will receive your pinwheels by April to display for Child Abuse Prevention Month. Prevent Child Abuse WY has an award for the largest pinwheel gardens. Perhaps, your club's garden will win!

Also, Prevent Child Abuse Wyoming is part of an effort to bring all of those working with children and families together in a collaboration walk and proclamation by Governor Matt Mead on April 1, 2016 in Cheyenne. If you are interested in participating in this event, please contact Prevent Child Abuse WY at 307-637-8622 or [www.pcawy.org](http://www.pcawy.org).

*All kids deserve to be happy, health and safe!*

## **Juniors Special Project: Advocates for Children Co Chairmen--Kay Coletti and Lindi Kirkbride**

Clubwomen can participate in projects that benefit children of all ages. We have partnered with like-minded organizations that advocate on behalf of children everywhere and we can become advocates by working to:

- \* Ensure children are protected from harmful situations
- \* Encourage healthy physical and emotional lifestyles

\*Impact policy to improve children's lives

Idea for 2016

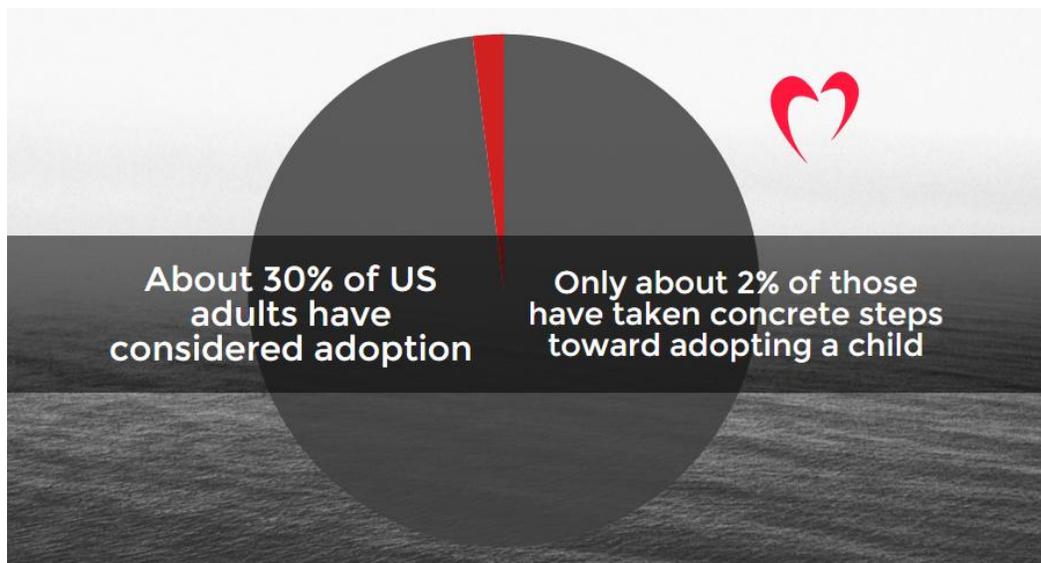
*\* Educate members and others about the importance of foster care and the need for quality professional foster parents. And help teens who are in transition due to aging out of the foster care system.*

“We live in a world in which we need to share responsibility. It's easy to say ‘It's not my child, not my community, not my problem.’ Then there are those who see the need and respond. I consider those people my heroes.” -Fred Rogers

“Sometimes our work as caregivers is not for the faint of heart. But, you will never know what you are made of until you step into the fire. Step bravely!” — Deborah A. Beasley

“If you can help a child, you don't have to spend years repairing an adult.” – Joyce Meyer

“There are no goodbyes for us. Wherever you are, you will always be in my heart.”  
-Mahatma Gandhi





May is Foster Care Awareness month across the country so this May in Wyoming, we can provide an opportunity to showcase a variety of foster parents and some social workers who help them at our club meetings.

#### HOW and WHAT:

- \* A social worker's contact info will be given to each club president so all clubs will have access to the experts in charge of foster care children and families in their communities. These social workers will contact a few different types of foster parents who are willing to share their experiences with your members. You are encouraged to make arrangements as soon as possible for May activities. If your calendar is full, please consider planning this event for any other month as the issue is timeless.
- \* At your May meeting, allow 15-20 minutes for a few foster parents and a case worker to speak about their experiences with foster care. Each person will only speak for about 3 minutes so there can be time for a couple of questions from members at the end. Considerations: If you have a meal, plan to cover the expenses of the guests and have them sit at separate tables with members. Present each family with a small (hand-made) gift, a family local activity pass or something meaningful as a token of our appreciation of their roles in children's lives.
- \* Here is another couple of ideas for an on-going project. As may know, foster care placements can happen at all hours of the day. Immediate help with supplies, including meals, would greatly help while the children/families are in transition. The provision of specific supplies might also be very helpful and perhaps your club can provide a wish list to its members to collect needed supplies. The social worker can inform your club regarding what would be most helpful and how to get supplies to the families.

We will be providing the different state club presidents with the contact information for a social worker in your club's area should your club opt to pursue

this wonderful project. You may obtain the contact information from your club president.

Should you have further questions, please contact Lindi at (307) 246-3205 or lindikirkbridewy@gmail.com or Kay (307) 514-4066 or coletti.k@gmail.com.

Kay Coletti and Lindi Kirkbride  
Advocates for Children Co-Chairmen

## **GFWC-W CONVENTION REGISTRATION FORM**

### **111<sup>th</sup> Annual GFWC-Wyoming Convention**

April 22<sup>nd</sup> and April 23<sup>rd</sup>, 2016

Rock Springs, Wyoming

### **“GFWC-W: Embracing Our Cultural Diversity and Traveling the Globe”**

**Lodging:** Best Western Outlaw Inn, 1630 Elk Street, Rock Springs, Wyoming  
82901 (307) 362-6623

### **Room Reservations: Please make your own reservation.**

Accommodations: Rooms available with one King or two Queen-size beds.

Mention **GFWC-Wyoming** when making room reservation to receive the convention rate. Room rate including tax per night is approximately \$97.01. Convention rate will be available until **April 14<sup>th</sup>, 2016** after which the room block will be released. **Free breakfast** is included for guests registered at the Best Western Outlaw Inn. \*An **elevator is not available**. If needed please request accommodations on the ground floor **when making reservations**. Ground floor rooms have only 1 bed per room available. A handicapped lift is also available if needed.

**Meetings and Events:** Will take place at the Best Western Outlaw Inn, 1630 Elk Street., Rock Springs, WY 82901.

**Mail completed Registration form** with check payable to **GFWC-Wyoming** by April 10<sup>th</sup>, 2016 to:

Roberta Bolton, Registration Chairman

12350 Legend Trail Cheyenne, Wyoming 82009

E-Mail: [rbolton@millect.com](mailto:rbolton@millect.com)

Telephone: (307) 286-0759

## CONVENTION REGISTRATION

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

\_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Name of Club \_\_\_\_\_

Current or Highest Office Held (Club or State) \_\_\_\_\_

E-mail \_\_\_\_\_

Home Phone \_\_\_\_\_

Mobile Phone \_\_\_\_\_

Registration Fee: \_\_\_\_\_ \$  
25.00 \_\_\_\_\_

Meals, beverages, snacks:  
\$100.00 \_\_\_\_\_

**TOTAL DUE:**  
\$125.00 \_\_\_\_\_

(Includes Friday and Saturday night dinners, Saturday lunch, coffee, tea and snacks)

Please specify any dietary restrictions:

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**Buffet dinner** will be served Friday and Saturday evenings.

Friday Dinner: Orange Pecan Chicken, Beef Stroganoff and Noodles, Carved Honey-Cured Ham, Broccoli-Grape, Coleslaw and Green Tossed Salads, Italian Blend Vegetables, Peas and Corn, Au Gratin Potatoes, Rolls and Butter, Chef's Choice Dessert, Coffee and Iced Tea.

Saturday Lunch: Deli Buffet: Selection of meats, cheese, condiments, assorted breads, and salads.

Saturday Banquet Dinner: Chicken Montisi, Pork Loin with Apricot Demi-glace, Carved Roast Beef, Three-Bean, Garden Pasta and Green Tossed Salads, Sugar Snap Peas and Maple Glazed Carrots, Roasted Mashed Potatoes, Rolls and Butter, Chef's Choice Dessert, Coffee and Iced Tea.

**\*OPTIONAL: Fee for a creative fun project held on Saturday.**

\$10.00\_\_\_\_\_

**Jennifer Messer, Assistant Director of the Community Fine Arts Center, who provides jewelry-making classes, will be demonstrating how to create a purse charm. Attendees may either purchase the materials in advance to create a purse charm to take or merely attend the session or learn about the Community Fine Arts Center and jewelry-making.**

**TOTAL Due with optional fee:**

**\$135.00\_\_\_\_\_**

## **Food Bank Items Requested be brought to the convention**

Canned fruits, meats, stew, chili, ravioli and milk

Powdered Milk    Cereal    Pasta Sides    Rice Sides

Diapers sizes 4, 5 and 6    Pull Ups for potty training    Baby Wipes

## **Red Desert Humane Society Items Requested be brought to the convention**

Dry Puppy or Dog Food (No ol"Roy or Alpo, please)    Dog/puppy toys

Dry Kitten or Cat food    kitten/cat toys    kitten/cat treats

Raw hide bones    puppy training pads    forever stamps    dryer sheets

Essay folders    kitty litter    cat scratch pads

pet friendly mop solutions/cleaners    pet friendly air fresheners

## **News from our clubs**

### **Women's Club of Rock Springs**

The Woman's Club of Rock Springs members have been busy trying to figure out what kind of jacket to wear when it's mid-20's and snowing in the morning and 50 in the afternoon. Everyone has 3 different coats in the car!

The Busy Hands Section had a program by member Char Larsen on Home Health Care. The members were told what was available. Home Health Care helps to keep people in their homes rather than going to a nursing home during or following a health crisis. This is especially helpful to people living alone when all they really need, on a temporary basis, is help bathing and dressing.

Our Garden Section hostess had a great program for March. Marcia Volner provided metal suet holders for all who attended, then told us about nesting materials used by local birds, including what NOT to provide. She brought batting, straw, ribbon, bright feathers and yarn. The members made up their own combinations of nesting materials. Each had a chain for hanging. It was a different program and enjoyed by all. The refreshments had a garden theme. There were bird nests (made from chow mien noodles) with jelly bean eggs and cups of dirt (made with chocolate pudding topped with crushed Oreos) complete with gummy worms. Marcia made each member a felt shamrock corsage. A great way to welcome in spring!

The Literature Section is growing. The March meeting was attended by 16 members reporting on 19 books. Many books were exchanged during the meeting.

On March 12, members will be manning a table at White Mountain Mall Community Awareness Day. Various local organizations give out literature explaining how they impact the community. Our Club has (corrected) brochures to hand out. The correction has been made to the brochure which originally listed one of the organizations receiving our donations as the "Red Dessert Human Society" to the correct "Red Desert Humane Society." Proof that one cannot depend on Spell Check without proof reading!

The members are gearing up for the State Convention in April. They are getting entries ready for the contests and collecting items for the visitors' bags. We are hoping to visit with many of our fellow Clubwomen from around the State.

Leslie Jo Gatti for President Beverly Blackwell

“Maybe life isn’t about avoiding the bruises. Maybe its collecting the scars to prove we showed up for it!”

