

GFWC Women's Civic League of Cheyenne

KALEIDOSCOPE

A proud member of the General Federation of Women's Clubs

May 2016

President's Message

Pat Stenback

Perhaps we can plant our May flowers now that warmer weather has arrived. Ladies, this has been the quickest year of my life and I want to thank you for your hard work to make GFWC Women's Civic League of Cheyenne the best organization. As I told my Board, there are times when it is best not to be humble, but brag about what our club has done for the city and Laramie County. We help people in need, but we also help the arts and conservation, as well as providing scholarships to students. Ladies, \$61,000 is going back into our community this year! Be proud of your accomplishments.

If you have not attended a GFWC-Wyoming convention, think about doing so. Next year's convention will be in Laramie. Over 20 of us from our club went to Rock Springs. Ann Norwood has done an outstanding job as President for the past two years. Thanks, Ann, for making it a group to be proud of. I want to congratulate Mary Lee Dixon as President-Elect and Nancy Kaufman as Second Vice-President. Both of these ladies will serve us well.

Civic League came home with many honors and, again, it is because of what you all do for the club. We won first prize for our Community Improvement Contest entry which will go on to National competition. It was on prescription drugs and having Chris Herren come speak to us. Phyllis Salzburg did an outstanding job of writing the report.

I have enjoyed my Presidency and all of you mean so much to me. Thanks again, Vicki Smith, for being my sponsor and Cindy Todd for my installation, as well as helping with beautiful bags and banner. There are other Boards who have been as good as mine but none better. To all members, think about taking on a position. Thank you, ladies, for doing what you all do best. I have learned much from all of you and I appreciate your support.

If you want happiness for an hour—take a nap
If you want happiness for a day—go fishing
If you want happiness for a year—inherit a fortune
If you want happiness for a lifetime—help someone else
(Chinese Proverb)

GFWC Women's Civic League of Cheyenne

Pat Stenback, President
Katherine Van Dell, First Vice-President
Patti Reese, Second Vice-President
Pam Hendricks, Recording Secretary
Barb Kuzma, Corresponding Secretary
Fran Smyth, Treasurer



Kaleidoscope

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September thru May
Joyce Bailey, Editor

Joyce.Bailey33@gmail.com

General Federation of Women's Clubs (GFWC)

Source: *GFWC.org*

The Year, 1955: GFWC established the Community Achievement Program, later called the Community Improvement Contest, which encouraged and rewarded clubs for completing improvement projects that met the unique needs of their communities.

The Year, 1961: GFWC partnered with the Automotive Safety Foundation in the “Women’s Crusade for Seat Belts” Campaign, which resulted in the installation of one million seat belts during that year.

The Year, 1966: The United States Post Office awarded GFWC a stamp in honor of the Federation’s 75th anniversary.



The Year, 1971: GFWC International President Louise Brown (1970–1972) was featured in *Ladies Home Journal* as one of America’s 75 “most important women.”

The Year, 1991: The United States Secretary of the Interior designated GFWC Headquarters in Washington, D.C., as a National Historic Landmark.

The Year, 2001: The first annual GFWC Day of Service was held at the opening of the 110th Annual GFWC International Convention in St. Paul, Minnesota. Clubwomen assisted in building homes for the needy in partnership with the Twin Cities Habitat for Humanity.

The Year, 2012: After a spirited contest, *Living the Volunteer Spirit* was selected as the new GFWC tagline.

Did you know? Nellie Tayloe Ross became the first female governor when she was inaugurated in Wyoming in 1924 and was the first woman to be appointed by President Franklin Delano Roosevelt to be Director of the United States Mint. You likely did know that. **But did you know?** Nellie Tayloe Ross was also a member of GFWC.

First Vice-President

Katherine Van Dell



The May 11 General Membership meeting program is scholarship presentations. The meeting will conclude with installation of the officers for 2016-17!

Also, there will be a Joint Board Meeting on May 25, 2016 in the Cottonwood Room at the Laramie County Library. The meeting will begin at 10:00 a.m. Refreshments will be served.

Second Vice-President

Patti Reese

See you at the May General Membership meeting! May 11, 2016
Little America Hotel & Resort
11:30 am-Social; 12:00 noon-Lunch, Meeting, and Program

Biscuits and Gravy Casserole

Served at May Board Meeting (Earleen Weaver)

1 12-oz tube refrigerator biscuits
6 eggs*
½ cup milk
½ tsp pepper
½ tsp salt
1 lb cooked sausage, crumbled
1 cup shredded cheese

Gravy*
4 Tbsp butter
4 Tbsp flour
Salt and pepper, to taste
2 cups milk



Cut each biscuit into 8 pieces. Set aside. In a bowl, mix together eggs, ½ cup milk, pepper, and salt. Set aside.

Gravy: In a saucepan, melt butter; stir in flour, salt, and pepper. Slowly add 2 cups milk. Simmer, stirring until it thickens. Set aside.

In a greased 9x13-inch glass baking dish, layer the biscuits, sausage, cheese, egg mixture, and gravy. Bake at 350° for 35-45 minutes, or until the eggs on the bottom are cooked.

* Note: Earleen substituted eggbeaters for the eggs and doubled the gravy because she likes more gravy in this recipe.

Community Grant Committee

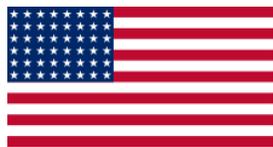
Nancy Kaufman, Chair



The Community Grant Committee will be meeting in early June (after final accounting of last year's funding has been made), so watch for the announcement of time and location. We will need to decide how to handle unspent money and also to hear a presentation from the Cheyenne Children's Museum as there has been a lot of interest in, and questioning of, this project.



Community Service Program Committee Reports



Military Outreach Subcommittee

Flo Beville, Chair

Mary Lee Dixon, Co-Chair

Members of the Military Outreach Committee will be laying a wreath on Memorial Day at 10:00 a.m. at Beth El Cemetery. Anyone is welcome to join us. This will be our last activity for this club year.

Thank You Current Committee Members!

We welcome anyone who might want to serve on this committee next year.

2015-2016 Activities/Expenditures

A total of almost \$3203 was donated back to our Community.

October 2015	Chamber Care Packages for the Troops (Postage) American Legion Stand Down Homeless Veterans (Hats, Scarves, Gloves)
November 2015	Turkey/Hams Military Thanksgiving Dinner (AIM) Cash Donation to AIM Foundation
December 2015	Air Guard Christmas Tree for Family Army Guard Christmas Tree
January 2016	Batting for Quilts of Valor Fleece for Blankets for Laramie County Kids
February 2016	Pizza Thank You Lunch for Christmas House Military Volunteers
March 2016	Vietnam Memorial Wall V.A. Medical Center Volunteer Office
April 2016	Conducted a drive for household items at the April General Membership meeting for the F.E. Warren Airman's Attic
May 2016	Will lay a wreath at Beth El Cemetery at 10:00 am on Memorial Day – please join us!!!

Installation of Officers at the May Meeting!!!

GFWC Women's Civic League of Cheyenne Officers - 2016-2017 Club Year

President - Katherine Van Dell
First Vice-President - Trish Peoples
Second Vice-President - Patti Reese
Recording Secretary - Earleen Weaver
Corresponding Secretary - Barbara Kuzma
Treasurer - Teresa Kunkel

Yoder – Wine Anyone?



The Yoder Women's Club is once again having a no-host Supper and Wine Tasting at Wyoming's own Table Mountain Vineyard on Tuesday, May 17, at 6 pm. This was a fantastic event last year and well worth attending. The cost is \$12 and reservations need to be made to Elsie Gray at (307) 532-3524 by May 10. WCLC members will be carpooling, so no one needs to drive alone. Please watch your e-mail for the meeting place.

Contact Wendy Owen or Nancy Kaufman for further information and to let them know if you would like to carpool.

11th Annual Cheyenne Day of Giving

Together we can do so much.

Youth Event

3:30 p.m. to 6:30 p.m.
Thursday, May 12

Kiwanis Community House, Lions Park

Donate non-perishable food, personal care items, including new underwear, and craft items

Day of Giving

8 a.m. to 5 p.m.
Friday, May 13

Kiwanis Community House, Lions Park

Donate in all ways listed in the column to the right

- Donate non-perishable food, personal care items, including new underwear, and craft items
- Donate blood
- Donate leftover prescription medication and medical supplies
- Register as a organ, tissue or bone marrow donor
- Donate prescription eyeglasses, hearing aids, and used cell phones
- Donate durable medical equipment
- Make a cash donation to our year-round efforts

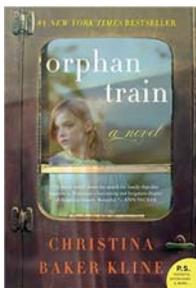
For details or to make a cash donation to the year-round effort visit:

cheyennedayofgiving.org

For more information, call Greta Morrow at 635-3943. Mail donations to PO Box 192, Cheyenne, WY 82003

ESO Book Club

Lucy Russell, Chair and Heather Dodson, Co-Chair



The book we are reading for discussion is Orphan Train by Christine Baker Kline. Book Club will meet on Monday, May 23, at Barnes & Noble, to discuss this book. The meeting will begin at 9:15 a.m.

Please note: We meet at the back of the store to the right of the Children's Section.

We hope that more members will plan to attend.

Please write down the books that you read over the summer. You may e-mail them to me if you choose. If you need a form, just e-mail me and I will send an electronic version.

Membership

Wendy Owen and Tandie Opsal



Spring Fling will be Friday, May 13, at the Old West Museum, 12:00 noon to 1:30 pm. We will be having “High Tea,” and celebrating new members recruited during the 2015-2016 club year. We will have a sign-up sheet at the May General Membership meeting, so please sign up and bring something yummy to share with fellow club members. Something appropriate for “High Tea” would be terrific!

Spring Fling!!!

Friday, May 13, 2016
Noon – 1:30 pm

*If you have not already done so,
please sign up at the May meeting.*

Cheyenne Frontier Days
Old West Museum
4610 Carey Avenue
High Tea
Art Show
Style Show by “Just Dandy”

High Tea Pecan Shortbread

1 cup unsalted butter, room temperature
½ cup sugar, plus 2 Tbsp for sprinkling
½ tsp pure vanilla extract
1¾ cups all-purpose flour
Pinch salt
2¼ oz whole pecan halves, toasted
2 drops almond extract



Cream together butter, ½ cup sugar, and vanilla in the bowl of an electric mixer until mixture is light in color, 3 to 4 minutes.

Add flour, salt, pecans, and almond extract. Mix until combined and the pecans start to break up.

Wrap dough in plastic wrap, and place in the refrigerator at least 1 hour or overnight.

On a lightly floured surface, roll out the dough to a ¼-inch thickness. Using 2½-inch diameter fluted cookie cutters, cut cookies and place on a parchment-lined baking sheet. Return to refrigerator 1 hour more.

Heat oven to 325°. Sprinkle cookies with the remaining sugar, and bake until lightly browned, 15 to 20 minutes. Transfer to a wire rack, and let cool.

What do you drink with the Queen of England? Royal Tea.

How do you ask a dinosaur to lunch? Tea Rex?

Butter Pecan Shortbread



½ cup unsalted butter, softened
 1/3 cup firmly packed light or dark brown sugar
 ½ tsp vanilla extract
 1¼ cups all-purpose flour
 ¼ cup + 1 Tbsp chopped pecans, divided
 2-3 tsp coarse sugar (*may substitute granulated sugar*)

JUMBLY

Preheat oven to 350°. Line an 8-inch square baking pan with foil, leaving an overhang on 2 sides.

Using an electric mixer at medium speed, beat butter and brown sugar together until creamy. Add vanilla and mix well. Reduce mixer speed to low and gradually add flour, beating until well-mixed. Stir in ¼ cup pecans. The mixture will be crumbly.

Press the dough into the bottom of the prepared pan. Sprinkle the top with 1 tablespoon pecans and coarse sugar.

Bake until the edges are lightly browned, about 25 minutes. Cool in the pan for 10 minutes. Using the foil, lift the shortbread out of pan. Cut into bars.

Member Yearbooks

Trish Peoples, Chair

It's that time again! I'm busily preparing the 2016-2017 GFWC Women's Civic League Yearbook. As you know, the Yearbook is a wonderful resource for Christmas House information, as well as our Bylaws and Standing Rules. It's also the best place to find out about our committees, our meeting times and locations, and how we spend our hard-earned money.

But let's face it: The biggest reason we reach for the Yearbook is the contact information for our WCLC sisters. **So let's make sure that your information in the Member Yearbook is correct!** Take a minute to check your contact information in the Yearbook and send me your updates. I don't mind getting updates twice; it's better than not at all. Is your birthday missing from the list in the back? Let me know that, too!

E-mail me at tlapples@yahoo.com
 Call me at 637-0131
 Text me at 805-757-2125

I absolutely must have the Member Yearbook to the printer by July 15. Therefore, **ALL updates must reach me no later than July 10.** Thanks!

Yearbook Updates		
Section	Name, Pg #	Update
Associate	Kathy Amrine, 61	Resigned
	Linda Amundson, 61	Resigned
	Shawn Brazzale, 61	Resigned
	Cindy Hooper, 67	Resigned
	Nancy Russell, 73	New e-mail address: nrusse10110@gmail.com

Sour Cream Coffee Cake

Served at May Board Meeting (Teresa Kunkel)

12 Tbsp (1½ sticks) unsalted butter at room temperature
1½ cups granulated sugar
3 extra-large eggs at room temperature
1½ tsp pure vanilla extract
1¼ cups sour cream
2½ cups cake flour (not self-rising)
2 tsp baking powder
½ tsp baking soda
½ tsp kosher salt



Streusel ingredients:

¼ cup light brown sugar, packed
½ cup all-purpose flour
1½ tsp ground cinnamon
¼ tsp kosher salt
3 Tbsp cold unsalted butter, cut into pieces
¾ cup chopped walnuts, optional

Glaze ingredients:

½ cup confectioner's sugar
½ Tsp almond extract
2 Tbsp milk

Prep time: 10 minutes

Yield: 8-10 servings

Preheat oven to 350°. Grease and flour a 10-inch tube pan.

Cream the butter and sugar in the bowl of an electric mixer fitted with the paddle attachment for 4 to 5 minutes, until light. Add the eggs 1 at a time, then add the vanilla and sour cream. In a separate bowl, sift together the flour, baking powder, baking soda, and salt. With the mixer on low, add the flour mixture to the batter until just combined. Finish stirring with a spatula to be sure the batter is completely mixed.

For the streusel, place the brown sugar, flour, cinnamon, salt, and butter in a bowl and pinch together with your fingers until it forms a crumble. Mix in the walnuts, if desired.

Spoon half the batter into the pan and spread it out with a knife. Sprinkle with ¾ cup streusel. Spoon the rest of the batter in the pan, spread it out, and scatter the remaining streusel on top. Bake for 50 to 60 minutes, until a cake tester comes out clean.

Let cool on a wire rack for at least 30 minutes. Carefully transfer the cake, streusel side up, onto a serving plate. Whisk the confectioners' sugar, almond extract, and milk together, adding a few drops of water if necessary, to make the glaze runny. Drizzle as much as you like over the cake with a fork.

April Showers bring May Showers



Christmas House

Nancy Kaufman, Karen Kent, & Tandie Opsal, Chairwomen

Flo Beville, Administrative Assistant

Things are happening in our preparations for Christmas House 2016! The first walk-through for our wonderful room chairs and support staff has been scheduled. All seem excited, and many are ready to begin their workshops...so watch for that information through the summer as they will need your support.

Joyce will continue publishing her fabulous E-Gram through the summer as well.

We will be selling tickets for the Members-Only Raffle and for the 50/50 Raffle at the General Membership meeting. There will be two 50/50 raffles drawings, one in the summer, and one at the Christmas House Brunch on December 7.

Big news is our "Christmas in July" (or maybe August) event for all our WCLC members—plans are underway and we can't wait to let everyone know what, when, and where!! The first 50/50 Raffle drawing will be held at that time.

Finally, remember to check out the storage unit for supplies before you purchase items for crafting. Tandie has the keys and will arrange to meet members there. There are lots of terrific, usable items waiting for your creative and talented hands!

Please take time to read the May Christmas House E-Gram, sent via e-mail to the membership. **If you did not receive the E-Gram**, please e-mail: WCLC.christmashouse@gmail.com.

Thank you to all of you – Tandie, Karen, Nancy, and Flo

Club Websites!

GFWC: www.GFWC.org

GFWC-Wyoming: <http://www.gfwcwyoming.org>

GFWC Women's Civic League of Cheyenne: <http://www.womenscivicleaguecheyenne.org>

Christmas House Facebook page: GFWC Women's Civic League of Cheyenne

Group e-Mails

GFWC Women's Civic League of Cheyenne: wclcmembers@googlegroups.com

WCLC social group (non-club topics): wclcsocial@googlegroups.com

WCLC Board of Directors: wclcboard@googlegroups.com

Featured Recipe: Putting on the Ritz

Egg Salad Tea Sandwiches

**HIGH
TEA**

8 hard-cooked eggs
½ cup mayonnaise
1 tsp prepared yellow mustard
(*may substitute with Dijon mustard*)
¼ cup finely chopped green onion

¼ cup finely chopped celery
1 Tbsp finely-chopped fresh dill weed
Salt
Freshly cracked black pepper
20 slices white or wheat bread*

*Choose the best-quality white or wheat bread available. Never serve end slices for High Tea.

Peel eggs and place into a medium bowl. Slice eggs and then coarsely mash them with the back of a fork. Add mayonnaise, mustard, green onion, celery, and dill. Season with salt and pepper; stir until well blended. Taste the egg salad and add more salt, pepper, or mayonnaise if needed.

(*Note: mixture may be refrigerated, covered, up to two days, keeping in mind: cut celery releases a lot of water, and this recipe can get soggy if it sits too long. To avoid this, when storing in frig for later use, store the chopped celery in a separate container, and mix it in just prior to making sandwiches.*)

Spread 10 slices of bread with egg mixture (approximately 2 tablespoons per bread slice). Top with remaining slices of bread. Carefully cut the crusts from bread with a long, sharp knife. Cut in half diagonally, then cut in half again. If desired, decorative shapes can be made with cookie cutters.

Yields 40 sandwich fourths.

Making Sandwiches Ahead of Time

If you need to make tea sandwiches in advance and need to keep them from drying out, cover them loosely with a sheet of wax paper and then place a damp kitchen towel over the wax paper. (Never place a damp towel directly on top of the bread because the sandwiches will become soggy). Refrigerate. When ready to serve, remove from frig. Uncover sandwiches just before serving.

GFWC-Wyoming (Past) President's Project

Trish Peoples

What: Making 250 poppies for Meals on Wheels
Who: X-JWC and WCLC Members
When: May 18, 10:30 a.m. until finished
Where: Laramie County Library Cottonwood Room

This is Ann Norwood's final State President's Service Project for GFWC-Wyoming (in conjunction with X-JWC Home Life).

Please bring your own scissors, if possible. Contact Trish Peoples for more information: tlapples@yahoo.com or 637-0131.

Project donations requested: Please bring travel-size bottles of shampoo and lotion to the May General Membership meeting. In addition to the 250 felt poppies being created for meal recipients at Meals on Wheels, bags of personal hygiene items, cards, etc. are also being provided to each recipient. (Trish Peoples will also pick-up your donations... contact information above.)



Corresponding Secretary

Barb Kuzma

Cards sent to WCLC members during the previous month:



Katherine Van Dell	Get Well Soon
Barbara Clark	Get Well Soon
Evie Randall	Thinking of You
Fran Smyth	Get Well Soon
Kathy Amrine	Sympathy (loss of sister)
Nancy Kaufman	Sympathy (loss of two aunts)
Wilma Lathrop	Sympathy (loss of son)
Julia Burke	Sympathy (loss of brother-in-law)
Lynn Montoya	Get Well Soon
Mary King	Get Well Soon

Know of a member who needs a card?

E-mail or call Barb Kuzma

E-mail: kuz001@aol.com Cell phone: 630-1070



Needs, Inc. "Can Man" Program

Charlene Baktamarian (aka Mrs. Peanut)

A note of thanks for your giving hearts!

Please deliver your peanut butter and jelly donations to the May General Membership meeting for delivery to Needs, Inc.



WCLC Needs and Wants

Please bring your donations to the May General Membership meeting:

Area:
Can Man Program
Poppy Project

Contact:
Charlene Baktamarian
Trish Peoples

Requested donations:
Peanut butter and jelly
Travel size shampoo and lotion

May 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Board of Directors Westgate Club House 9:00 am	5	6	7
8	9	10	11 General Membership 11:30 am-Social 12 noon-Lunch Little America Hotel & Resort	12	13 Spring Fling High Tea CFD Old West Museum Noon-1:30	14
15	16	17 Yoder Wine Testing 6:00 pm	18 Poppies! Laramie County Library Cottonwood Room 10:30 a.m.	19	20	21
22	23 ESO Book Club Barnes & Noble 9:15 am	24	25 Joint Board Meeting Laramie County Library Cottonwood Room 10:00 am	26	27	28
29	30 Military Committee Laying of Wreath Beth El Cemetery 10:00 am	31	Memorial day—Monday, May 30: a day on which those who died in active military service are remembered, traditionally observed on May 30 but now officially observed on the last Monday in May. Memorial Day was first called “Decoration Day,” from the early tradition of decorating graves with flowers, wreaths, and flags			



*With this issue of the Kaleidoscope, I say a fond farewell as its editor.
Thanks to everyone who submitted articles and for those who took the time to read our work.*

Joyce Bailey, Editor, WCLC Kaleidoscope
September 2015 – May 2016