



# KALEIDOSCOPE

October 2019

## *President's Message*

*Linda Stowers*

Thank you for a wonderful first meeting of the year. You are an incredible group of women doing great things for this community. Many of our committees have been meeting and planning activities for the 2019-20 Club year. The Art Committee went Laramie and is planning a trip to Denver in January. The Senior Services Committee is planning to make shawls and lap blankets for seniors. Youth and Family Services is planning a book drive to provide new and gently used books for Head Start and Stride Learning Center. Women's Issues has a calendar available for purchase celebrating Wyoming Women. International Outreach collected UNICEF money in September and plan to collect more in October. Look for some great conservation ideas later in this issue. CGC has the application ready for groups to apply for grants. Substance Abuse Committee is working on ideas for Red Ribbon week. Wow, I get tired just looking at all these activities, not to mention all the Christmas House Workshops going on! You Rock!

At the Board meeting the resignation from Fran Smyth as Vice President was accepted and the Nominating committee will be working on a slate of names to present to the membership in November. We all hope that Fran will be active with us again soon.

The Board will be meeting on Tuesday, December 3<sup>rd</sup> to facilitate the set-up for Christmas House on Wednesday the 4<sup>th</sup>.

The Board endorsed the nomination of Lucy Russell for GFWC Wyoming Secretary. I'm pleased Lucy has stepped up to run for this position. Thank you, Lucy.

Finally, I would like to give a shout out to Patty Benskin. She has served as the Western Region President for GFWC the past two years. She has done a great job and we should be proud of her work. Thank you, Patty.



*Corresponding Secretary*

**Marsha Tempte**

Weppner Family

Husband, Father Death

October Birthdays:

Diana McDougal

Barbara Williams

Connie Hein

Lindi Kirkbride

Bev Schrader

Teri Johnston

Mary Ellen Little

Sandee Wamboldt

Julia Burk

Marietta Dinneen

Van Mellblom

Alice Hunter

Judy Lissman

Linda Noe

Mona Coler



## *Second Vice-President*

**Marcy Helser**

### ARTISAN OF THE MONTH

Shirley McLelland has lived in Cheyenne for a little over 18 years moving here from Wheatland after a 30 year residency. Thank you to Nancy Flynn for spotting a wonderful new member for WCL and sponsoring her. Shirley has now spent 15 years being a loyal, productive member of our club.

Shirley has been the busy mother of four sons and now multiple grandchildren. Shirley and Bob celebrated their 50th wedding anniversary last December. Her husband is about as Scottish as you can get. He has a wonderful kilt that he wears when he is playing the bag pipes. He, also, has an extensive Scottish Santa doll collection.

Shirley is always a pleasure to see as she is always dressed in a lovely outfit that coordinates with her hat and often the season. Her creativity shines here as well as in her artwork. Shirley has maintained an interest in art work her entire life. Her training has been a couple of classes in Wheatland plus the Bob Ross classes.

Shirley has produced a huge volume of artwork for Christmas House for every year of her fifteen years as a club member. For several years she co-chaired a room with Donna Remster, June Wood and Sue Tardiff. Members rarely have an opportunity to buy her delightful creations at Christmas House because they are sold by the time members can buy.

Wednesday is your lucky day. Shirley has created outstanding door prizes. You just might be able to win one. Marcy is the only one who has seen them and she won't tell what they are. So, come to the meeting, enjoy looking at the door prizes and bring dollars. You just might want to buy more tickets than usual.

## MEMBERSHIP

Thanks to all the members that kicked off the 2019-2020 club year by attending the September general membership meeting. Kudos to President Linda, 2<sup>nd</sup> VP Marcy, and the luncheon committee for your work in organizing and planning a nice luncheon and great meeting. By now most of the social committees have met and made plans for the upcoming year. Several of the Community Service Project committees have scheduled planning or working meetings. All active members are asked to participate in at least one Community Service Project Committee. Signup sheets were available at the September meeting. However, please do not feel that you are restricted to participating in what you signed up for. The signup sheets simply provide the committee chairs with some names of people interested in helping in that service area. We all know "life" sometimes interferes with our WCL schedules. If you see a Community Service Project meeting that interests you and works with your schedule, GO! Doesn't matter that you didn't sign up for that committee! Associates, we love seeing you whenever we can and thank you for your continued support.

If you have any questions or concerns regarding your WCL membership please contact either of the Membership co-chairs. Kristin Riley, email [krissydee@bresnan.net](mailto:krissydee@bresnan.net) or Trish Palluck, email [tpal57@yahoo.com](mailto:tpal57@yahoo.com). We are happy to answer any membership questions and look forward to an awesome club year!

## NOMINATING COMMITTEE

A special meeting of the Nominating Committee will be held on Thursday, October 17 in the Laramie County Library Windflower Room at 1 p.m. We need someone to serve as 1st Vice President for the remainder of the 2019-2020 club year. 4 non-board members are needed to serve on this committee. Any active member interested in serving on the committee or willing to step into the 1st VP position please contact membership co-chairs Kristin Riley or Trish Palluck.

## YEARBOOK CHANGES

### YEARBOOK CHANGES 2019/2020

Tracy Wilson's correct email is [tracywilsonc21@gmail.com](mailto:tracywilsonc21@gmail.com)

Resignations: Barb Costa, Tandie Opsal, Linda Swing and Sharon Federer

Add to your yearbook –

Rebecca Caswell accidentally got removed from the yearbook and Melissa is our first new member of the year.

Caswell, Rebecca (Tim) '16            307-214-1014  
900 Phoenix Dr., 82001  
[pelto77@gmail.com](mailto:pelto77@gmail.com)  
Birthday: March 15

Therault, Melissa (Matt) '19        307-630-8418  
5333 Jenny Lake, 82009  
[melissa@allforyoullc.com](mailto:melissa@allforyoullc.com)  
Birthday: June 4

Please make the following changes to your yearbooks –

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Nancy Abel's email address should read [mnabel7478@msn.com](mailto:mnabel7478@msn.com)  
Shelley Herr's email address should read [herr.shelley62@gmail.com](mailto:herr.shelley62@gmail.com)  
Marietta Dinneen's email address should read [mabdinneen@msn.com](mailto:mabdinneen@msn.com)  
Sherri Geringer's email address use: [geringer@wyoming.com](mailto:geringer@wyoming.com)

### **WOMEN'S ISSUES COMMITTEE**

The Women's Issues will have Wyoming Calendars for sale at the meeting. These calendars were developed by the Laramie Women's Club. Our month was put together by Phyllis Salzburg and features Ernie Shriner. The cost of the calendars will be \$15.

### **ESO BOOK CLUB**

#### **BOOKS FOR THE YEAR 2019-20**

#### ESO BOOK CLUB

#### BOOKS FOR THE YEAR 2019-2020

We will meet at Barnes & Noble on the dates listed below at 9:00 am.

October 21-Where the Crawdads Sing-Delia Owens

November 18-A Redbird Christmas-Fannie Flagg

January 27- The Diary of a Young Girl-Ann Frank

February 24-A Gentleman in Moscow-Amor Towles

March 16-Open Season-C.J.Box

April 20- The Hate U Give-Angie Thomas

May 18-Truly Madly Guilty-Liane Moriarty

### **YOUTH AND FAMILY SERVICES**

Youth and Family Services will be collecting gently, used and new children's books in October and November. We have had two organizations respond they are in need. If we collect lots, then there are a couple of other places to give them as well. If you want just give Shelley Herr a call 778-2685 or Pat Stenback 638-8268 if you are unable to make the luncheons. Thanks so much. We have not done this for a while. Pat and Shelley

### **SENIOR SERVICE COMMITTEE**

The Senior Services Committee will be meeting October 16<sup>th</sup> 10-1 at the Library to make fleece blankets and shawls. Please bring any fleece at least 1 yard, to the General Membership meeting.  
Brenda and Claudia

## **SUBSTANCE ABUSE COMMITTEE**

1. October 26th is the DEA's National Prescription Drug Take Back Day. If you have any unused prescription medications that you would like to get rid of in a safe and environmentally appropriate way, this is the event for you! For information and drop off locations, please go to the DEA's website at: <https://takebackday.dea.gov/>.
2. If you can't make it to the DEA's National Prescription Drug Take Back Day or you don't have any unused medications at this point in time, medication disposal bags will be available at the October general membership meeting. Just follow the instructions on the back of the bag any time you need to safely dispose of unused medications.
3. The Substance Abuse Awareness Committee will meet in the Windflower Room (3<sup>rd</sup> floor) of the Laramie County Library from 1:30-3:30 pm on Thursday, October 10<sup>th</sup>. We will be finalizing plans for Red Ribbon Week. All are welcome to attend.

Best regards,  
Antoinette  
SAAC Chair

## **INTERNATIONAL OUTREACH COMMITTEE**

The International Outreach Committee will once again have UNICEF collection boxes at our October general membership meeting. Thank you everyone who donated last month. We made \$77.50 which will go to help children in need around the world. What a generous group of women we have in our organization!! So if you could bring your loose change (or dollars) to help us once again we would really appreciate it. Thank you so much in advance.

Thanks,  
Cathy McMikle and Judi Loomis

## **CAN MAN**

Generous members contributed at the meeting:

Peanut Butter: 63

Jelly: 54

Donation \$85.00

Grand total to date:

Peanut Butter: 102

Jelly: 85

**BRING PEANUT BUTTER ON WEDNESDAY**

## **PUBLIC ISSUES**

The Public Issues committee will be meeting at 5:00 on Wednesday, October 9<sup>th</sup>

Katherine Van Dell

## CHRISTMAS HOUSE

Happy Fall Ladies!

Christmas House is just around the corner, so put on your Christmas crafting hats and join us for a flurry of October workshops!

Here's the list:

October 12

10:15am – 3:15pm

First Presbyterian Church 220 W 21st

All things pinecones workshop sponsored by Marci and SueAnn. Lunch will be provided so please let them know if you will be attending.

October 23

9am – 2pm

7545 Jessica Dr

Sewing workshop at Meredith Dexter's house. Bring your machines and we'll put you to work. For you non-sewers we will have crafts to work on as well. A light lunch will be provided.

October 26

9am – 3pm

726 Oakhurst

Barnboard workshop in Kathy Lind's garage. We still have barnboard creations that need your creative painting touch!

October 28

9am – 2 pm

726 Oakhurst

Kathy is again graciously letting us use her house for a workshop to craft, sew, paint and whatever needs doing.

Thank you for all the support we've received thus far and we look forward to seeing you!

Claudia

Pam

Meredith

## ART COMMITTEE

**JANUARY 23, 2019**  
**BLOCK THAT DATE!**  
**BLOCK THAT DATE!**  
**BLOCK THAT DATE!**  
**JANUARY 23, 2019**

Thank You,  
Sue Ann Shaffer  
[sas@bailyranch.com](mailto:sas@bailyranch.com)

Kaleidoscope 7

## CONSERVATION COMMITTEE

### GFWC- Women's Civic League of Cheyenne-

Conservation Community Service Program Report:      **October, 2019**

#### CONSERVATION COMMITTEE:

This committee shall promote an appreciation for our environment and educate Club members through preservation, maintenance and restoration of our natural resources, including but not limited to projects such as recycling, street cleanups and historic preservation.

#### Recycling

##### Waste Accepted

The recycling area of the Sanitation / Solid Waste Division accepts the following items for recycling at the Felix Pino Transfer Station located at 220 N. College Dr. for a fee of \$1.30 per bag (35 gallon bag maximum) up to 5 bags or \$25.00 per 3 cubic yards.

Newspapers, Magazines, Phone Books, and Catalogs

Brown Paper Bags

Cardboard Containers

Plastics #1 & #2

Steel Cans Aluminum Cans, Foil, and Pie Tins

Junk Mail Office Pack

**NO GLASS**

**NO PLASTIC BAGS**

**NO STYROFOAM**

**NO DIAPERS**

**NO NEEDLES**

**NO CLOTHES**

**NO SHREDDED PAPER (IT IS TRASH)**

**NO PAPER PLATES, CUPS, FORKS**

**NO PLASTIC STRAWS**

**NO HOSES**








**NO ELECTRONICS**

**NO TARPS**



Please rinse all food residue from containers. Keep your recycles clean. Lids & labels of items are trash.

**\*\*OUT OF 3,650 TONS OF RECYCLING COLLECTED IN 2018, 1,150 TONS HAD TO BE SENT TO THE LANDFILL DUE TO NON-RECYCLING ITEMS BEING DISCOVERED !!!**

1 PETE	2 HDPE	3 PVC	4 LDPE	5 PP	6 PS	7 OTHER
polyethylene terephthalate	high-density polyethylene	polyvinyl chloride	low-density polyethylene	polypropylene	polystyrene	other plastics, including acrylic, polycarbonate, polyactic fibers, nylon, fiberglass
soft drink bottles, mineral water, fruit juice containers and cooking oil	milk jugs, cleaning agents, laundry detergents, bleaching agents, shampoo bottles, washing and shower soaps	trays for sweets, fruit, plastic packing (bubble foil) and food foils to wrap the foodstuff	crushed bottles, shopping bags, highly-resistant sacks and most of the wrappings	furniture, consumers, luggage, toys as well as bumpers, lining and external borders of the cars	toys, hard packing, refrigerator trays, cosmetic bags, costume jewellery, audio cassettes, CD cases, vending cups	an example of one type is a polycarbonate used for CD production and baby feeding bottles
						

**DO NOT BAG YOUR RECYCABLES IF YOU HAVE A BLUE BIN OR THEY WILL BE SENT TO THE LANDFILL. PLASTIC BAGS CANNOT BE RECYCLED.**

**IF YOU LIVE IN THE COUNTY AND DO NOT HAVE A BLUE RECYCLING BIN YOU CAN BRING RECYCLED ITEMS TO THE TRANSFER STATION LOCATED AT 220 N. COLLEGE DRIVE FOR A FEE OF \$1.30 PER BAG AND UP TO 5 BAGS WILL BE ACCEPTED EACH TIME. 35 GALLON BAGS ARE THE LARGEST BAGS THAT CAN BE FILLED. THE TRANSFER STATION IS OPEN MONDAY THRU FRIDAY FROM 7:00 AM TO 2:30 PM AND ON SATURDAY FROM 6:30 AM TO 9:30 AM.**

**Recycling Bags-**

I am looking into providing recycling bags to WCLC members for a small fee. These bags will hopefully be printed with our logo and I hope to have members use the bags at local groceries to show that WCLC is recycling. The bags will be sold and all of the funds received will be used on WCLC conservation projects for 2018-2020.

-I will also ask members to turn in monthly recycling logs so that we can keep track of our recycling efforts throughout the club year.

**CONSERVATION:**

**Greater Cheyenne Greenway- Adopt a Spot-**

**Our new spot to clean up is along Dry Creek in Mylar Park. The section runs between Sunset and Seminoe St.. It is one of their nicest stretches. Parking is available in Mylar Park just off Seminoe St.**

#### **GREEN WAY CLEAN UP DAY:**

**We will be having a cleanup day on Saturday, October 12<sup>th</sup> from 8:30 am until finished. Please let me know if you will be able to join in so I can email you the info. the Green Way Manager would like you to have prior to cleaning.**

**As usual, boots or sturdy shoes, long pants and gloves are a good idea. The city will provide trash bags and light weight gloves as needed. After your trash pick- up, simply tie the bags, leave them along side of the Greenway and the city crews will pick them up. Easy-peasy.....**

#### **FALL YARD TIPS:**

**BY FOLLOWING THESE FEW SIMPLE FALL LAWN CARE TIPS, YOU CAN PROLONG THE ENJOYMENT OF YOUR LAWN INTO THE FALL AND MAKE SURE IT'S PREPARED TO COME BACK MORE BEAUTIFUL THAN EVER NEXT SPRINGT.**

#### **MOWING-**

**Start decreasing the height of your mower. Gradually lower your mower height each time you mow until your grass length is about 1 1/2 inches high. It is also good on your lawn to mow it in the evening, when the sun isn't beating down on it. We should only need to mow a few more times this Fall.**

#### **AERATING-**

**Over time the soil in your lawn becomes compacted, reducing the air pockets that allow nutrients and water to reach the roots of your grass. Aerating in the fall combats this problem.**

#### **REMOVE LEAVES-**

**Be sure to thoroughly rake your lawn before the snow falls. The leaf layer does retain moisture but it also looks unsightly and neighbors won't like it...**

#### **TREES & SHRUBS-**

**Water, water, water your trees all seasons of the year. If it freezes right after you water it will not damage the tree. If you have trunk damage to your trees, contact a master gardener to see if there is protection needed to the trunk during the cold winter months.**

#### **OVERSEEDING YOUR LAWN-**

**As your lawn ages it becomes tired and grass reproduction rates slow down. Spread grass seed over your entire lawn at the recommended rate before the first snowfall to encourage new grass to pop up and fill in those unhealthy spots and contribute to your beautiful outside next Spring.**

**\*\*\*\*\*DO NOT FERTILIZE TREES IN THE FALL**

#### **CONSERVATION-**

**-To support historic preservation efforts in Cheyenne we will be offering a 2019 commemorative Wyoming State Capitol Christmas Ornaments available for purchase at just \$20.00 each. The proceeds**

will go to support the Historic Preservation Board's various ongoing restoration projects such as the Historic fountain in the front of the old Cheyenne Airport. Our committee will report these sales as a Conservation project but we will not make any money on the ornaments. All money will be run through the WCLC treasurer.

**\*\*MORE GREAT RECYCLING, CONSERVATION, HISTORIC PRESERVATION AND GARDENING INFO. TO COME IN NOVEMBER.**

### AFTERNOON BUNKO

Afternoon Bunko will be on Monday, October 28<sup>th</sup> at Charlene Baktamarian's. Social time is at 12:15 p.m. and "roll of dice" will start promptly at 12:30 p.m. Come one come all! Everyone is welcome whether you've played Bunko many times or never played before.

Entry fee is \$5.00. We will finish Bunko by 2:15 p.m. to allow time for awarding of prize money and for those needing to pick up children from school.

It's a fun time and a great way to mingle and get to know everyone.

Thanks,  
Sue Barnard  
[suebar@bresnan.net](mailto:suebar@bresnan.net)  
(307) 214-4215

### COMMUNITY GRANT COMMITTEE

The 2019/20 Community Grant Application m now be found on the WCLC website at [www.womenscivicleaguecheyenne.org](http://www.womenscivicleaguecheyenne.org) When on the Home page just click on the Community Grant Application tab. Please note that the grant application must be postmarked no later than January 12, 2020.

The committee plans to meet on Thursday, January 30, 2020 for the firs review of the grant requests. All active and Associate members in good standing may attend. The meeting location and details will follow.

Thanks,  
Deb McCann & Barb Kuzma

### MEMBERSHIP APPLICATION

GFWC Women's Civic League Cheyenne Membership Application Candidates for membership must have resided in the Cheyenne area since the preceding August of the year of application. A candidate must be sponsored into membership by one active or associate member in good standing and endorsed by another active or associate member of GFWC Women's Civic League who is in good standing. Annual dues of \$50.00 must accompany this application. Membership becomes effective once application and dues have been submitted.

ALL APPLICATIONS SHOULD BE SUBMITTED TO: WCLC MEMBERSHIP CHAIRMAN  
PO BOX 4062 Cheyenne, WY 82003

Email: wclcmembership@gmail.com

Name: \_\_\_\_\_

Birthday(Month/Day): \_\_\_\_\_

Address: \_\_\_\_\_ Zip

Code: \_\_\_\_\_

Telephone Number: Home: \_\_\_\_\_

Mobile: \_\_\_\_\_

Cell: \_\_\_\_\_ Permission to print phone numbers in yearbook? Yes or No

E-mail

Address: \_\_\_\_\_

Occupation: \_\_\_\_\_

Spouse's Name and Occupation

(optional): \_\_\_\_\_

Names and Ages of Children

(optional): \_\_\_\_\_

Hobbies and

Interests: \_\_\_\_\_

Have you been a member of a club affiliated with the General Federation of Women's Clubs? Yes or No If yes, where and when?

Name of Club \_\_\_\_\_

What are your areas of interest within Women's Civic League? \_\_\_\_\_

I have read and understand the obligations of GFWC Women's Civic League of Cheyenne and wish to apply for membership at this time.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Sponsor: \_\_\_\_\_

Date: \_\_\_\_\_

Endorser: \_\_\_\_\_

Date: \_\_\_\_\_

## OTHER INFORMATION

### Benefits of Belonging to GFWC

#### “Living the Volunteer Spirit”

Membership in GFWC is first and foremost about volunteerism. In all 50 states and more than 15 countries, our members work together to create global change. GFWC clubwomen are mothers, wives, daughters, doctors, teachers, and community leaders who are dedicated to enhancing the lives of others through volunteer service.

The greatest benefit of membership is being part of a world-wide volunteer movement of women working to better the lives of countless men, women, and children all over the world. The collective impact of GFWC clubwomen working together to assist those in need demonstrates the true power of Federation.

#### Individual Rewards

GFWC.org Website and Club Manual

Subscription to weekly E-Newsletter “News & Notes”

GFWC Clubwoman Magazine

GFWC on Facebook, Twitter, Pinterest, Instagram

GFWC Blog updated weekly

GFWC Annual Convention

GFWC Legislative Action Center

GFWC Membership Discounts

\*Veterinary Pet Insurance – VPI

\*Travel

Avis – Budget – Collette Guided Tours – Cruises Only – Motel 6 – Orlando Vacations

Red Roof Inn – TNT Vacations – Wyndham Hotel

\*American Hearing Benefits

\*Office Depot

The most significant benefit of belonging to GFWC is the support, encouragement, comfort, enthusiasm, creativity, and friendship shared by members from all walks of life, with varied perspectives, diverse backgrounds and different experiences.

## OCTOBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 <b>WCLC Board 9:00</b>	3	4	5
6	7	8 <b>Friday Food Bag</b>	9 <b>Public Issues Meeting 5:00</b>  <b>WCLC General Meeting 5:30 Plains Hotel</b>	10 <b>Substance Abuse meeting 1:30 Library</b>	11	12 <b>Clean-up Myler Park 9:00</b>  <b>All day Pine cone workshop First Presbyterian 10:15</b>
13	14	15	16 <b>Senior Services Blanket making 10-1</b>  <b>Afternoon Bridge 12:45</b>	17	18	19
20	21 <b>ESO 9:15 Barnes and Noble</b>  <b>Evening Bunko 7:00</b>	22	23 <b>Sewing Workshop 9am – 2pm 7545 Jessica Dr</b>  <b>Afternoon Gourmet</b>  <b>Friday Food Bag</b>	24	25 <b>LCC Scholarship Luncheon</b>	26 <b>Barnwood Workshop 9am – 3pm 726 Oakhurst</b>
27	28 <b>Christmas House workshop 9am – 2 pm 726 Oakhurst</b>  <b>Afternoon Bunko 12:15</b>	29	30	31		

**GFWC Women's Civic  
League of Cheyenne**

Linda Stowers, President  
Fran Smyth, First Vice-President  
Marcy Helser, Second Vice-President  
Denise Lathrop, Recording Secretary  
Marsha Tempte, Corresponding Secretary  
Teresa Kunkel, Treasurer



**Kaleidoscope**

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September thru May  
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